



PRESIDENCY KALEIDOSCOPE

VOLUME 04

ISSUE 11

NOVEMBER 2023





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and suggestions to
editor@presidencyuniversity.in**



I Uptake

Are we born creative? Or is it that only a few are endowed with the creativity genes, much like people who have brown eyes, something they are born with? Most people believe in this creative myth, though the amazing book *Creative Confidence* by brothers David and Tom Kelley dispels this notion. The foundation of this book is the belief that creativity is latent within each of us and is not the exclusive domain of just artists and poets. The creative muscle has to be strengthened, and when that is done, it could lead to innovation. The desire to create a change around us in whatever small way possible leads to innovation. The one thing that innovators should never forget is that they are designing stuff for real people, and that should lead to a deeply empathic attitude. Empathy is at the heart of human-centered design, and innovators should embark on their journey with a heart full of empathy.

Do all innovators strike success in their first few attempts? The simple answer is

a plain no. They are those who dare to do more experiments in spite of the fact that they fail frequently. The ability to pick themselves up quickly and continue with their experiments is what helps innovators strike gold at the end of it all. They never give up. That brings us to the next important quality for innovators: tenacity—the dogged pursuit of what they believe could bring about a change.

Another important point made in the book is that most people are creative and capable far more than they know. Societal pressures and the compulsion to conform hinder a free flow of creativity. These are the shackles that one must break free to transform into innovators. So where and how do we begin? Let us take one step at a time—through experiencing a series of small successes. Or a series of failures that can lead us to better ourselves each time until we meet with success. After all, trying and losing is far better than not trying and giving up altogether. For those of you bitten by





the entrepreneurial bug, this book is extremely inspiring. Delve into the fount of innovation, explore uncharted territory, and come up with innovations. The sky is the limit.

Think about it.

Until we meet again, have a wonderful time ahead!



Dr. Akila S Indurti
Editor

There is nothing made by human beings that does not involve a design decision somewhere

Bill Moggridge





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BEYOND CLASSROOM

A celebration of your talent.





ನಾನು ಯಾರು?

ಪ್ರಜ್ಞೆಯ ಮೇಲಿರುವ ಪುನಾಣಿ ಜೀವಿಯೇ?
ಪ್ರಪಂಚವನ್ನು ಆಕಲು ಬಂದಿರುವ ರಾಣಿಯೇ!
ಅಥವಾ
ನಕ್ಷತ್ರದ ಒಂದು ಕಿಡಿಯೇ!
ಬಹುಶಃ
ದೇವಾನುದೇವತೆಗಳ ಅಮೃತದ ಹನಿಯೇ?

ಪುಣ್ಯ ಆತ್ಮವಿದು
ಒಂದು ಮಾತ್ರ ಸತ್ಯ,
ಸಾಮಾನ್ಯರಲ್ಲ ಒಂದು
ಅಲ್ಲ ನಾನು
ಅಸಾಮಾನ್ಯ ಜೀವಿ ನಾನು

ಚಿತ್ರವನ್ನು ಓದಿಸುತಾ, ಸುತ್ತಾಡುತಾ, ಯೋಚಿಸುತಾ,
ಕನಸಿನಲ್ಲಿ ತೆಲಾಡುತ
ಸಂತೋಷದಿಂದಿರುವೆ ನಾನು

ಈ ಪುಟ್ಟ ಪ್ರಪಂಚದಲ್ಲಿರುವ
ಅಸಾಮಾನ್ಯ ಜೀವಿಯೇ ನಾನು!



Vaishnavi B.V

2021BDC0010
B. Des 5th sem



Dedication: To the Freedom Fighters

तूफ़ान रुके, रुके है लसकर धार कलम की रुकी नहीं (2) तख़्त झुके, झुकीं है रियासत | कविता कवि पर झुकी नहीं | अरे सारथी साहित्य का है अरे कर्म को अंजाम दे लिख रहा है सच अगर ज़बा को ना लगाम दे अरे कविता तेरी हुक्मरा का कोई किसी का फ़रमान नहीं | तू बगावत का शोला दरबारी सब्तरख़ान नहीं |

तो किसी सफ़े पर , किसी कलम से किसी ताज को नमन नहीं है | आरे रावण द्वारा चलता हो तो राम राज को नमन नहीं है , मैं बो शायर हज़रात नहीं हूँ जो फ़िरोन के आगे सर झुका दे | या ज़ालिम बैठें सिंहासन पर तो ज़ालिम को ही खुदा बता दें अरे कवि खुदा रहेंगा तभ तक | जब तक सूरज में आग रहेगी | फिर वीरो के रंग न चढ़ेगे लेखनी पर दाग रहेगी , अरे वार सभी स्वीकार करेगी , वार तेरा सच लिखेगी |

या तो मेरी सास रुकेगी या कलम फिर सच लिखेगी |

की प्रीत की जो सीत गिरे , जो गीत प्रेम के गाऊँगा | मौसम हो जो हँसने का तो बारम बारम बार हसाऊँगा | जुल्फ लिखूँगा कजरारे , और चाल ढाल मदामास लिखूँगा | धड़कन किसी और के नाम सदा , यौवन का अहसास लिखूँगा | अगर भारत माँ को दर्द हुआ तो चीखूँगा चिल्लाऊँगा | गली गली में घूम घूम कर माँ का दर्द सुनाऊँगा | आज़ाद भगत , रस्फ़ाक पटेल राख साहेत उठाऊँगा | अस्फ़ा गुल्ला ख़ान की भाती काकीर दोहराऊँगा | और शमशीर बना के कलम को अपने, तिरंगा का जायगण लिखूँगा , और दुश्मन की छाती पे चढ़कर जय - जय हिंदुस्तान लिखूँगा!!



Bhan Singh

B. Com LLB
20211BCL0006



悯农

锄禾日当午 ·
汗滴禾下土
谁知盘中餐 ·
粒粒皆辛苦。

Tang Dynasty poet 李绅 (Lǐ shēn)

जन कृषि

दोपहर के सूरज में, किसान खेत खोदते हैं
पसीना उनके मुँह पर टपकता है, जमीन पर गिरता है
कौन जानता है कि ताली खाने में सजी हुई अन्न के अनाज
कठिन मेहनत से उगाये गए और मुश्किल से कटाए गए होते हैं।

Translated into Hindi from Chinese by



Dr. Vinodhini Chinnaswamy

Associate Professor
Department of Languages
Presidency University



ಕಡಲು

ಕಡಲ ಅಮ್ಮನೊಂದಿಗೆ
ಮಗುವಾಗಿ
ಕುಣಿದು ಕುಪ್ಪಳಿಸುವ
ನೀರಗುಳ್ಳೆಗಳು ಸುಂದರ.
ಪಾದದ ಜಾಡುಗಳ
ಇಟ್ಟು ಹೋಗುವ ಹೊರೆಯು
ಅಳಿಸಿ ಇಡುವುದು
ಅಲೆ ಅರಿತ ಕಲೆ.

ತೀರದಿ ನಿಂತ ಪೋರ
ಬೀಸಿ ಎಸೆದ ಕಲ್ಲುಗಳು ಸಹ
ಕಥೆ ಹೇಳಿದವು !
ಕಡಲಗೂ ಬಾನಿಗೂ
ಸಾವಿರ ಕಥೆಗಳು
ಮೋಡದ ಮೋಹ

ಉಕ್ಕಿ ಬರುವ ಆನಂದ
ಬಾಷ್ಪದಲ್ಲ

ದುಂಡಗಿನ
ನೀರಗುಳ್ಳೆಗಳು
ಅರಳುತ್ತವೆ.

ತಮಿಳು ಮೂಲ: ಕ. ವಡಿವಳಗಿ ದೇವ ಸಗಾಯಂ
ಅನುವಾದ ಡಾ. ಮಲರ್ ವಿಳಿ ಕೆ.

Tamil Source: K. Vadivalagi Deva Sagayam



Translated by

Dr. Malar Vili K

Professor, Department of Languages
Presidency University



Thunderstorm

A delightful and inviting freshness is lent by the early morning showers
The mass of floating clouds are left behind

The sun appears, shyly from behind the mass of floating, overcast shadows,
Amidst the patches of blue-plain here and there,

Like an unwilling child to go to school on a chilly morning

The tree tops and canopies are rejoicing with the floodlight of splendid light

The golden droplets from the leaves and creepers are glittering and shining like a star

The slanting mild rays of the luminary are paying hide and seek game
Amidst the washed boughs and leaves

The moistened earth is inviting the nostrils with a sweet fragrance,
Forgotten many years ago in summer, of the first shower.

Birds have risen their numerous dissonant voices out of the trees and shrubs,

Competing with the insects emitting their thrilling notes into the trembling air.

Fleecy white clouds have been wandering now in the purified blue of heavens,

Fanned by the light breeze, shaking the drops from pendant and wooing boughs.

The wild current of rushing streams is roaring with its muddy water in the gutters

A sweet and sober pensiveness has mantled the nature's tender features

Whirled and merged in the vertex of intense passion, the new life has been spirited

With new spark the clouds thunder again for the next round.



Dr. Narasimha Murthy S V

Associate Professor of English

Department of Languages, Presidency University



The Fall and the Rise

It was a beautiful Sunday morning. I was getting ready to go for a morning walk, and then life took an unexpected turn. I remember getting into the washroom, and my memory was limited to lying flat on the bathroom floor. When I woke up, my leg hurt so much that I knew something untoward had happened. The same afternoon, I returned from the hospital with a cast and 4-week bed rest advice from the doctor. Since I'm always running around doing multiple chores, the thought of spending a month in bed with absolutely zero movement was unsettling to me. My leg ached all the time, and every day seemed to be a struggle with keeping mental health on track. I was off both professional and personal duties, reminding myself every day that this break must lead me towards more gain in terms of experience, happiness, and a new me.

The recovery was painful and slow, serving as a constant reminder of the accident. Hope was the only remedy for me, as life seemed tough and bizarre. The accident also opened my eyes to the fragility of life. I started to discover happiness in things I had previously disregarded.

My family rallied around me, offering their unwavering support. I was overcome with a deep sense of appreciation for having them in my life. They served as my pillars of support when I was unable to walk or do my routine activities. I had learnt to be more grateful for the things that had been taken for granted all along. I started to enjoy the small pleasures of life, like the taste of a simple meal, the feel of the sun on my face, a cool evening breeze, and quality family time.

I began to draw to occupy myself. I used to paint during college and never considered picking it up again. The mandala artwork and colors brought me such serenity. Each pattern of the Mandala helped me reduce anxiety, and the colors gave me joy. My restlessness had no limit, so the book of Shayari, which had been locked on the bookshelf for years, finally received some new additions. I used to be a movie freak during college days; I was a first-day, first-show type. The television in my house remained a mere showpiece. I still had so much time left after writing that I started to spend some time watching web series. After being a diehard fan of romantic series, I am now a suspense thriller fan (a new discovery). In addition, I began writing articles on various emotions, something I had never done before. I had also engaged myself in more online events related to mental health than ever before. Multi-tasking was helping me at this juncture of life, though I was at zero mobility. I came to understand that the accident had profoundly altered me over time. I developed greater empathy and compassion and realized how important "me time" is.



Once I regained my independence, there were so many things with me, such as an art book, a book of shayaris, and a folder of complete and incomplete write-ups, which were reminders of the lessons I had learned during the so-called bad phase. I felt like I had a whole new lease on life and was incredibly appreciative of everyone who had supported me.

My life had changed drastically after the accident, forcing me to face hardship and come out stronger. It showed me that there is always hope, even in the most hopeless situations, and that we can overcome even the most difficult obstacles life presents us with perseverance and the support of our loved ones. It made me realize how important it is to take little breaks and cherish each moment in life.

This article is a reminder for:

*“Aa Zindagi se kuch pal chura lein
Aur thode lambon ko yaadein bana lein,
Kya pata kab zindagi ki shaam ho jaye
Aur hum iss jahan mein gumnaam ho jayen”*



Dr. Prachi Beriwalla

Associate Professor,
School of Management, Presidency University.



Saravanascope

A series of articles exploring the hereto and hitherto

Project Blue Book



With reference to Ezekiel, Suras, Silapathikaram, and the Mahabharata

In the last three episodes, we were dealing with some preliminary outline about this particular episode. This is mainly based on the actual scriptures around the world.

Sightings:

• *Milk Capital of the World*

In early 2008, residents in and around the small central Texas town of Stephenville experienced something unexplainable: UFO sightings, reported by hundreds of people, including local business leaders and law enforcement. Trucking company owner Steve Allen described blinding lights and a feeling of great peace. Pat Leatherwood, a bank chairman, saw a “flying Dorito.” Constable Lee Roy Gaitan and his son watched an orb appear in the sky and then suddenly zoom away. According to one former military analyst, the Stephenville event and surrounding data prove we should no longer be asking, “Are UFOs real?” but rather, “What’s your version of reality?”

The Mutual UFO Network (MUFON), a U.S.-based non-profit dedicated to the research of UFOs around the world, came to investigate the sighting.

They invited a handful of people to investigate, but the place was overrun by hundreds of people.



• ***The African School: Is it a case of mass hysteria or...???***

It was a bright and sunny day in Ruwa, Zimbabwe, when 62 young students at Ariel School saw spaceships and strange humanoid figures in their playground. The 1994 encounter—considered by many to be the most significant of the 20th century—profoundly changed the lives of the children, the headmistress, and even the preeminent Harvard psychiatrist who came to investigate what they’d seen. The story raised some important questions in the search for truth: Are kids reliable witnesses? Why isn’t eyewitness testimony in UFO cases enough evidence when it is in many other situations? And finally, how can we bring empathy to credible witnesses, even as so many of us still struggle to embrace their truth?

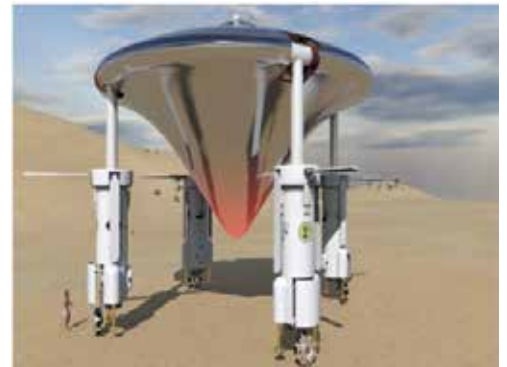
My opinion about the second case is: Firstly, the minimum number of witnesses is just one to prove someone guilty in a murder case inquiry. Secondly, if I can get five teenagers testifying against a teacher who was a predator, that is convincing evidence in court, and I obviously win the case. Here, we have 60 testifying sightings in Africa. This is superlative evidence in the legal circle.

Ezekiel 1:4: Extraterrestrial Encounter?

Ezekiel is a complex and confusing book of prophecy that is something like a pointillist painting. A lot of tiny “dots”—details and images—are assembled to create and express a larger message.

Ezekiel begins by describing an incredibly fiery spectacle. “And I looked, and, behold, a whirlwind came out of the north, a great cloud, and a fire enfolding itself [a fire inside a fire], and a brightness was about it, and out of the midst thereof as the color of amber, out of the midst of the fire” (verse 4). “This is the living creature that I saw under the God of Israel by the river of Chebar, and I knew that they were the cherubim.” All four were intertwined as one, for “their wings were joined one to another” (Ezek 1:9).

He also mentions something about sparkling eyes all around the vessel. You! Yes, you! The one who’s reading now. You tell me, Is it sparkling eyes? or sparkling lights???





The Suras

“Among His (God’s) signs is the creation of the heavens and the earth and the living creatures that He has scattered through them, and He has power to gather them together when He wills. (Holy Qur’an 42:29)

Sura 27: 65 commands,

“Say: None in the heavens or on earth, except God, knows what is hidden, nor can they perceive when they shall be raised up (for judgment).”

This shows that, like humans, there are other creatures in the universe that will also be raised from the dead. We are told in 19:93–96, “Not one of the beings in the heavens and the earth but must come to (God) Most Gracious as a servant. He does take an account of them (all), and hath numbered them (all) exactly. And every one of them will come to Him singly on the Day of Judgment. On those who believe and work deeds of righteousness, will (God) Most Gracious bestow love.”

The Silpathikaram and the Mahabharat

The main theme of Silpathikaram is the story of a merchant named Kovalan who lived in Puhar and fell in love with a courtesan named Madhavi, neglecting his wife Kannagi. Later, he and Kannagi left Puhar and went to Madurai, where he was wrongly accused of theft by the court jeweler of the Pandya king. The king sentenced Kovalan to death. Kannagi burnt Madurai, walked 14 days and nights southward, and reached this hill region when Kovalan landed there from the **Pushpaka Vimanam (an aircraft belonging to the king of celestial beings)** and took Kannagi with him.



In the Ramayana, numerous space vehicles have been described. For example, it describes one of them as 'arrived **shining**, a wonderful divine car that sped through the air'. Another vehicle has been described as **floating across the sky** like a moon. In the Mahabharat, it is mentioned that, on being commanded by God, the Vimana rose high into the sky with an **extremely loud** sound. "Bhima flew along in his car, resplendent as the sun and loud as thunder... The flying chariot shone like a **flame in the night sky** of summer... it swept by like a comet... It was as if **two suns were shining**. Then the chariot rose up and all the heaven brightened"



I am an entity from the star dust, and I require a quantum of reciprocation from the evolved beings after reading this.

I am waiting! Let me know when you are ready for discussion.



Mr. P. Saravanapandian
Soft Skills Trainer
Learning and Development



**Would you like to contribute articles to the
University magazine?**

**Send your articles to editor@presidencyuniversity.in as a
word document along with your photograph and
credentials.**



Here's a Hello from Anxiety and Panic attacks!!!

A Cute little intro to reality

Hey anxious!

Oh! I just panicked

Stop panicking and let's do it like a MAN
it's not a big deal

It's just a small thing stop overreacting

Chill!!! BRO DON'T MAKE A SCENE

This is nothing compared to what we faced back then.

Don't be so dramatic

It's just a phase you'll get over it.



Isn't it sounding so familiar—fancy Gen-Z slang words that we generally hear or use at times?

Have you ever come across such statements when you are in dire need of support and some positive motivation? Did they really help you? Do you think these statements can help anyone? The answer is "a big no." These are causing more harm than help.

These statements, which are in the form of invalidating their emotions and feelings, can only make it worse, causing an individual to doubt their self-worth, existence, potential, and abilities.

These are not things that have only recently arisen as a result of an event in the vicinity of someone or their first-time behavior. Anxiety and panic for no apparent reason or very little reason at all is an evolved behavior of some old, negative, distorted, and unattainable thoughts acquired during a specific helpless scenario. These beliefs can originate from experiences from early childhood or from recent occurrences.

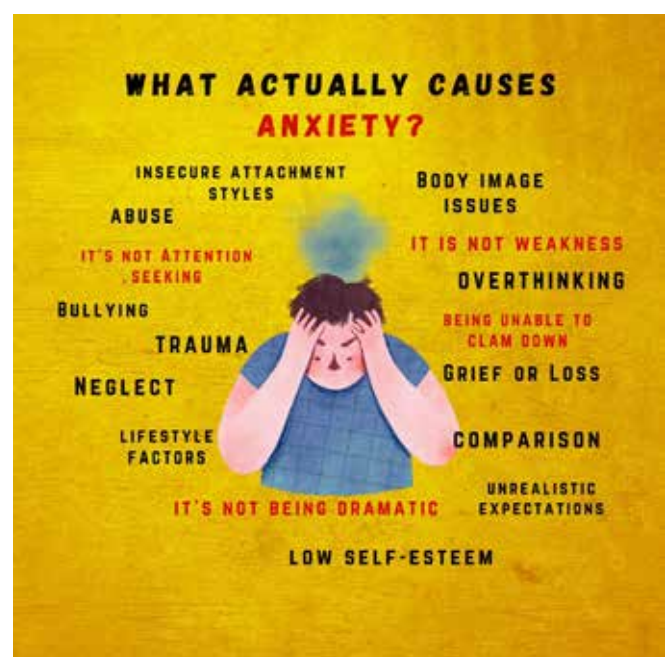
The symptoms were ignored and misdiagnosed until they became a serious psychological disorder, but with time and ongoing awareness, it is now easier to recognize and provide the necessary support when it is just getting started. This is not something that has never happened before and has just appeared in the current generation.

Anxiety is caused by apprehensive fears about the future, which can stem from overthinking, negative thinking, or bottling up extreme emotions. These gradually increase with persistent exposure to triggers.

Panic attacks are often the result of experienced trauma, ineffective coping styles, or poor defense mechanisms, which happen suddenly and intensely, paralyzing the individual's ability to cope. These are intense in form.

What can I do in this scenario, or how can I assist someone experiencing panic or anxiety attacks?

Staying positive and non-judgmental are very important when you are trying to help others.





1. First and foremost, be there for them. “Your presence and company matter more than words, so stay calm.” Until they feel better.
2. Next step: Support: “Assure them that they are safe and you’ll be there for them to get through this.”
3. Ask them, “How can you help them to feel better?” or “Is there anything that you can do to make them feel safe and better?”
4. Validate their emotions. “I know it feels scary or too much, and it must be difficult to handle at times.”
5. Speak precisely in small, short, simple sentences. “Don’t provide lengthy explanations of your or someone’s struggle and achievement stories.”
6. Encourage the person to
 - Take deep, slow, deep breaths.
 - To focus on the present.
 - Support them in seeking professional support from therapists.
7. Let the person decide the pace of recovery.
Don’t push the person to make immediate choices, and don’t surprise them.



Things you should do or keep in mind if you are having a panic attack or feeling anxious

1. Control Your Breathing: Slow, deep, and long breaths.
2. Be kind to yourself. It's so easy to get lost in your own head and judge yourself harshly or be hard on yourself for not doing something perfectly. So try being kinder towards yourself when it comes to time for those inner dialogues: don't judge yourself harshly; don't berate yourself for feeling anxious; don't be so hard on yourself that it makes things worse!
3. Ground yourself Physically, it is a technique that can help you feel more in control of your body and present in the moment. It involves focusing on physical sensations such as touching the ground with your feet or touching something that's solid. You can also try grounding by connecting with nature—for example, by touching plants or trees and feeling their textures against your skin.
4. Seek professional support. To deal with the root cause and to develop effective coping methods
5. Practice positive affirmations.

It's perfectly OK to ask for expert assistance if you still find it tough and burdensome to handle things. A professional may assist you in finding a positive solution to your problems that will last. Just like you take medicine when your body needs it, seeking therapy when your mind needs it is absolutely normal.

Feel free to contact me if you believe you or anyone around you requires additional support with this issue discussed above or any other behavioral or emotional concerns.





WANT SOME ADVICE?

Sharing can help your recovery, so write us at lenin.thejashwini@presidencyuniversity.in with your question, name, and contact details. But if you wish to stay anonymous, do indicate that in your email.



Ms. Lenin Thejashwini
Student Counsellor
(Counselling Psychologist & Psychotherapist)
Department of Student Affairs
Presidency University

Scan below to book an appointment with Ms. Lenin Thejashwini.





A Gist of a Counsellor's Life

In today's world, the idea of mental health is growing and evolving. It is of utmost importance now to have someone who can guide students in the field of mental health. Knowing about mental health and knowing mental health are two sides of the same coin. The awareness and the need to act upon it go hand in hand. There is a certain kind of relevance that comes when theory and practice merge. As mentioned before, many times we fail to act upon it, and therefore, the effect never shows up. So how do we bring it in by understanding that when we feel we need a change, we just have to go for it? Psychological aspects of a person's life center around the overt behavioral changes that can be observed and the inside healing that is quite evident to the person experiencing the shifts they undergo. Now this calls for a professional in terms of guiding and letting them know exactly or probably where they need to make these changes.

That is exactly what we do. As counseling psychologists, our primary role in a student's life is to be the guide they need for their emotional, psychological, and behavioral domains of life. In the age we live in and the generation we deal with, it becomes quite a task to be there for them if we do not have the required expertise. Counselors, or counseling psychologists, as we call them by title, are the right people to go to as they have been trained professionally to handle specific cases that can require counseling, therapy, guidance, and motivation. To sum up, the role of the counselor therefore becomes mandatory for the healthy functioning of the student. "Counseling psychologists focus on normative developmental and mental health issues and challenges faced by individuals across their lifespan, as well as systemic challenges (such as prejudice and discrimination) experienced in groups, workplaces, organizations, institutions, and communities. They use strengths-based perspectives and practices to prevent and ameliorate emotional, relational, physical/health-related, social, cultural, vocational, educational, and identity-related problems." (American Psychological Association, May 2008)



In the education field, the utmost attention and priority are given to academic performance, and the slightest downfall therein will be taken as a sign of weakness. This should not be the case, since it is not ethical to judge a personality based on circumstantial situations. A person may behave accordingly and perform based on situations, depending also on their intelligence. So the focus will mainly be on the development of personality and then improving academic performance. The effect of mental health on academic performance is known. When we look at it from a holistic perspective, it becomes useful for the student to adapt to a lifestyle that enriches both the psychological and cognitive domains.



Namratha Jessica
Student Counsellor
Department of Student Affairs
Presidency University



PI scan the code for booking counselling sessions.



Q/A's on mental health concerns, psychological issues & recommendations

* Disclaimer: The situations below are solely provided for informational and educational purposes. These are not meant to identify specific individuals. *

1. Sometimes I overshare when situation gets worse or my mental health is not stable and after the situation gets stable I realize I shouldn't have shared too much with that person. What should I do in this case 😊 I get afraid, what if the other person leaks all that which I shared?

Student Counsellor: It's normal to get carried away with emotions sometimes and overshare during intense situations, the reason for oversharing could be a result of trauma caused in the past when your emotions and feelings were invalidated by close people, which has now resulted in a behaviour of trying to get validation in the present situation.

- Practice the 2 min break method during such situations. Try to maintain silence for two minutes.
- Limit the talking time, try to distract and refocus on solutions.
- Challenge your negative thoughts ex: what if's with but, I can
- Ask yourself what is the solution for the situation, does this have anything to do with this person, situation?

2. How to deal with situations when you try to open up or share something but the other person makes the whole discussion about themselves rather than even considering us?

Student Counsellor: It is always important to keep in mind who you are trying to open up. Ask yourself the question - is this person capable enough to understand or are they at your level or above to understand. Never try to explain to someone whose level of understanding is confined and rigid.

- Whenever you are trying to open up to someone, ask for their permission, if they are ready to listen.
- Never consider to explain deep things with someone with a judgmental, narrow mindset, they'll only pull you down and make you feel less or invalid, as they got invalidated.



- Sometimes our problems might resonate with theirs and without their conscious will, they'll try to resolve it with their imagination and understanding of how they wanted to solve it in the past yet failed, so they will try to win, correct to balance their guilt whenever they come across such situations.
- Set boundaries and limitations of what you allow with regard to words, time, and energy.

3. I get very influenced by what people say and I forgive them, but later I start thinking about them, like overthinking. Ex: Like if someone said something harsh to me I forgive them for being rude but later I think about them, as to why did they say such things to me.

Student Counsellor: It is very important to understand your own boundaries, allowing people breach your boundaries repeatedly, will make them take you for granted and teach them it is okay, normal to disrespect you which indeed makes you question your self-worth and losing your unique nature.

Having low to no idea about self, needs, abilities and strengths make you prone to get easily influenced by others. **“Try to understand and identify your unique nature and abilities that you love most about yourself.”**

It's perfectly OK to ask for expert assistance if you still find it tough and burdensome to handle things. A professional may assist you in finding a positive solution to your problems that will last. Just like you take a medicine when your body needs one, seeking therapy when your mind needs it is **ABSOLUTELY NORMAL**.

Feel free to contact me if you believe you or anyone around you require additional support with this issue discussed above or any other behavioral or emotional concerns.





“I can't go for spontaneous road trips.”, “I can't afford all the concerts my friends attend.”

"How am I supposed to have fun?"

Invest in Your Personal Path



- Set specific personal goals for self-improvement and celebrate your progress along the way.
- Start a journal to reflect on your wins, failures, and what you're grateful for regularly.

Prioritize Wisely



- Make a list of events and activities that align with your interests.
- Direct your attention to what genuinely holds significance for you, including your core priorities, values, and your aspirations.
- Create a calendar to stay organized and committed to what you pick.



Be Present in Each Moment

- Practice mindfulness techniques like deep breathing and meditation to stay in the present.
- Create a daily to-do list to stay organized and focused on your tasks.



Take a Social Media Break

- Limit your regular social media consumption in a day to disconnect and recharge.
- Unfollow accounts that trigger negative emotions or unfriend acquaintances who bring you down on social media.



Filter Out the Noise

- Unsubscribe from irrelevant emails, tidy up your digital files, and organize your living space.
- Practice assertiveness by setting boundaries and saying "no" when necessary to protect your well-being.



Keep Calm and Self-Care On

- Establish a self-care routine, including activities like reading, walking, or spending time with loved ones.
- Learn to delegate tasks and ask for help when needed, allowing you more time to relax and recharge.



These actionable steps will ensure a well-rounded college experience while staying on budget. Remember, you've got this, and the fun is just beginning! And if you ever need some more advice, our experts are here for you **24*7**.

CONNECT WITH AN EXPERT

For further queries or concerns, please reach out to us at campus@yourdost.com.

Always with you,

Team YourDOST

Feel free to connect with Yourdost to avail online 24/7 mental health counselling support using the steps given below.



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1. Visit www.yourdost.com and register using your official institute email ID (@presidencyuniversity.in)

This ensures that you can avail YourDOST services absolutely FREE.

2. That's all!
You can connect with an Expert now.



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Be Deaf to Naysayers

A group of frogs got lost and eventually found themselves in a bottomless pit. They kicked and jumped but found it difficult to reach the top. They paused and cursed, and eventually gave up, saying that they would never be able to make it to the top. One lone frog jumped and jumped and was quite exhausted. The other frogs jeered and laughed. "You will never make it to the top, I am sure," they said. Every jump took it higher and higher, and finally, with one last burst of energy, it gathered itself and jumped high up.

Hurray! It reached the flat ground and, after a while, collected itself and hopped away into the bushes. "How could it do it?" asked the crowd that had collected to watch the spectacle. One old man said quietly, "The frog is deaf." The other frogs, alas, died of hunger in the pit.

Naysayers surround us as it were, but it is better to have an eye on the end result, persevere hard with determination, and reach the goal unmindful of the constant chatter that tries to bog us down most of the time.





Roundup of activities in September, October 2023

DSA

Open Mic Day

Aspiring artists showcased their talents on October 6 at the Open Mic Day event.





Style Icon of the Year 2023

On October 6, 2023, a campus audition for Style Icon of the Year 2023 was held at the University. Watermark Productions organized the event to discover and celebrate the trendiest and fashionable people on campus. It provided a venue for students to showcase their individual fashion styles and aesthetic sense. Students were graded on their style, fashion sense, and panache in numerous rounds of auditions. Fifteen finalists were chosen for the final round.



Toastmasters Club

The Toastmasters Club began its sessions for the academic year 2023–2024 on October 6, 2023, polishing the speaking skills of students.





Quiz Club

The Quiz Club conducted 'Nostalgia Nexus', an interactive quiz on October 20 and 27, 2023.





Group Discussion

The Women Empowerment Club, Debate Society, and Speakers and Anchors Club collaborated to organize an interactive group discussion, "Streektikaran", on October 27, 2023. The event consisted of a number of group discussions followed by a debate on various women-centric topics.





Blood Donation Camp

The NSS Cell of Presidency University, in collaboration with the Lions Club, organized a “blood donation camp” on its campus on October 26, 2023. The camp saw overwhelming participation from the students and staff members, with a total of 450 units of blood collected.





World Mental Health Day

Mental health awareness is an ongoing effort to reduce the stigma around mental illness and mental health conditions by sharing our personal experiences. Often, because of misconceptions about mental health and mental fitness, people suffer in silence, and their conditions go untreated.

On the occasion of World Mental Health Day 2023, the Mind Blossom Club (DSA) of Presidency University, in association with Heartfulness, conducted an awareness program on the importance of mental health and destigmatizing by sharing their personal journeys to overcome their mental health issues. Students understood the importance of prioritizing their mental health by voicing their issues and seeking help.





Under25 Summit

Presidency University hosted India's largest youth festival, the 'Under 25 Summit, on October 13, 2023. The Summit, a one-stop platform helped youngsters from across India to showcase their talents in technology, music, fashion, design, and entrepreneurship. The inspirational speaker sessions, intellectual workshops, panel discussions on trending issues, and audience interactions inspired the students to explore and find their "Ikigai—their purpose in life".

This intra-collegiate event had an impressive line-up that included Mr. Varun Sharma of Fukrey Fame, Roadies Judge Ms. Rhea Chakraborty, Finance Guru Mr. Reshi Magda, and Singer Ms. Tanya Shankar, to name a few.





Talent Hunt

The Art and Sketch Club had its talent hunt on October 27 on the theme of Navaratri.





Best out of Waste

The Women Empowerment Club conducted a best out of waste event on October 27 at the University.



Music Auditions

The Music Club had its talent hunt and orientation for freshers on Oct 27, 2023.



Sports Activities

For the month of October 2023.

Women's Team Selection for various sports like cricket, Kabaddi, basketball, volley ball and throw ball was held at the University.



Events Galore



During this period, few friendly matches were played with athletes from other colleges.





Inter College Tournament organised by PES University





NCC

NCC Meet at the University took place on October 20, 2023





Build Club

Team INFNITEEYES from Build Club Presidency University won first place at KODIKON 3.0 conducted on November 4–5, 2023, surpassing 400 national teams. Their innovative project was the cynosure of all eyes at the event. Members of the team INFNITEEYES that won the prestigious award are Mohammad Qalandar, Mohammed Rayyan, Rayyan Khan, and Sathwik Gottipati.

Congratulations to the team.





School of Media Studies

Canon India conducted a photography workshop on 'New Trends in Photography' on October 16, 2023. The resource person, Mr. Dipin Kumar, a product trainer and photographer from Canon, emphasized the creative aspect as well as the new technology being used in the various forms of photography. Students thoroughly enjoyed the hands-on activities and were also exposed to new trends in the field of photography. Around 40 students benefited from this workshop.



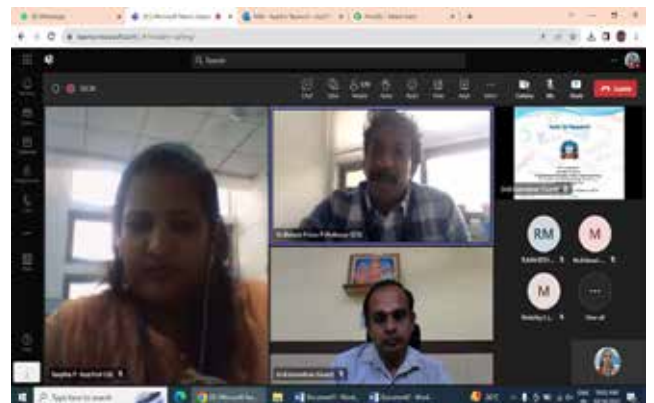
School of Computer Science and Engineering, Information Science

Kubernetes Webinar

The Goops Club conducted a webinar on the usage of Kubectl command usage on October 5, 2023.

Pre-Conference Workshop

A Pre-Conference IEEE Workshop was held on October 19, 2023 on Tools for Research Excellence. The speaker, Dr. B. Surendiran, Associate Professor, Department of CSE, NIT Puducherry, provided valuable insights and guidance on the tools and resources that can enhance research excellence. The interactive nature of the webinar enabled participants to actively engage thus creating a dynamic learning environment.





Workshop on Virtualization Essentials

A one-day hands-on workshop on the topic 'Virtualization Essentials Using VMware-Vsphere' was conducted on October 19, 2023. The resource person, Mrs. M. S. Shoba, an assistant professor from the Department of Computer Science, focused on creating a virtual machine, understanding disk provision types, along with a practical session using the vSphere web client.





Recognition by the World Book of Records

The School of Computer Science and Engineering and the School of Information Science of Presidency University entered the World Book of Records on October 18, 2023, for having achieved the highest number of professional certifications for online courses during a marathon drive between May 24, 2023, and June 1, 2023. The World Book of Records (UK) has recognized the feat, which is a second record set by the university.

The medallion and the certificate were officially handed over to the key officials of Presidency University by Dr. Tithi Bhalla, General Secretary, World Book of Records (UK), in a formal ceremony organized at the University Campus.

Dr. Tithi Bhalla, along with Dr. D. Subhakar, Vice-Chancellor, Dr. A. M. Surendra Kumar, Pro-Vice Chancellor, Dr. Muddu Vinay, Pro-Vice Chancellor, Ms. Sameena Noor Ahmed Panali, Registrar, Dr. Sameeruddin Khan, Dean, School of Computer Science & Engineering and School of Information Science, and Dr. Abdul Sherief, Dean, School of Engineering, addressed the gathering and shared their insights for improving pedagogy. A total of 2300 students earned 9260 certificates.





IEEE Coda-Thon 2023: Fostering Innovation through Code

Presidency University organized the IEEE Coda-Thon 2023 on October 20, 2023, at DGL Laboratories of the University. The event was a non-stop, four-hour coding competition that saw the participation of 47 teams.

The chief guests were Dr. Mohammed Sameeruddin Khan (Dean, School of Computer Science & Engineering and School of Information Science) and Dr. C. Kalaiarasan (Associate Dean, School of Computer Science & Engineering and School of Information Science). The event provided a platform for each team to showcase their exemplary coding skills and apply their knowledge to practice. The event concluded with the announcement of the results.



Artificial Intelligence and Machine Learning Transforming Industries: Exploring the Scope and Impact

Artificial Intelligence Society, the co-curricular club focusing on artificial intelligence and machine learning, was inaugurated on October 11, 2023, by the Director of Innovative Startups along with other officials from the School of CSE and IS.





IEEE International Conference

The School of Computer Science and Engineering and the School of Information Science hosted the IEEE International Conference on New Frontiers in Communication, Automation, Management, and Security at Presidency University on October 27 and 28, 2023.

Mr. Jasvinder Singh Khoral, Program Director at ISRO (Indian Space Research Organization), graced the occasion, while Dr. Padmanand Vasantha Sekaran, Pepul Tech, UK, was the Guest of Honor. Distinguished personalities from the world of academia and technology participated in the two-day event.





School of Engineering

Department of Petroleum Engineering

Seminar on “A Perspective on Navigating the Energy Transition in a Changing World”

The Department of Petroleum Engineering under the School of Engineering, in association with the SPE Bangalore chapter, the SPE PU student chapter, and the AAPG PU Bengaluru student chapter, conducted a seminar “A Perspective on Navigating the Energy Transition in a Changing World” on October 3, 2023.

The seminar was conducted by Dr. Ajay Mehta, Vice President, Engineering Technology, Chief Engineer, R&D, Shell Group, and Director, SPE Bengaluru Chapter. With a long career spanning 27 years, Mr. Ajay has expertise in natural gas hydrates.

Over 100 students participated in the seminar, which concluded with an interactive session that helped students gain valuable insights into the energy industry.





Department of Civil Engineering

Webinar in connection with the International Day for Disaster Risk Reduction

FORCE, Forum of Civil Engineering, Department of Civil Engineering, Presidency University, organized a webinar on “Infrastructure Resilience for Disaster Risk Reduction” on October 27 as part of the observance of the International Day for Disaster Risk Reduction (IDDR).

Dr. Indrajit Pal, Associate Professor and Chair of Disaster Preparedness, Mitigation, and Management (DPMM), Asian Institute of Technology, Thailand, who is also the Deputy Director of the Research Center "South- and South East Asia Multi-Disciplinary Applied Research Network on Transforming Societies of the Global South (SMARTS)" in AIT and Co-Lead of the Himalayan University Consortium Thematic Working Group on Disaster Risk Reduction and Resilience, besides being the Advisor to Disaster Risk Reduction and Governance in the Regional Integrated Multi-Hazard Early Warning System for Africa and Asia (RIMES), was the resource person for the webinar.

School of Commerce and Economics

Dr. Anoop Swarup, Presidential Awardee and Secretary General of the Association of Universities of Asia and the Pacific (AUAP), visited Presidency University, Bengaluru, on October 25, 2023, and had an engaging discussion with the officials of the university on the best practices of universities based in India and abroad, the changing dynamics of higher education, and paradigms of innovation in teaching practices for enhancing the quality of education.





School of Design

Workshop on Wool Felting

A Wool Felting International Workshop was held at the School of Design, Presidency university with the aim of introducing participants to the art of wool felting. An experienced felting artist Prof. Maria Gertrud Keischgens Senior Fashion and Textile Designer, conducted a live demonstration of the felting process. This demonstration included an overview of different felting techniques, such as needle felting and wet felting.





Workshop On Film Making

A workshop on filmmaking was conducted from October 3rd to October 9th, 2023, by Mr. Mannar Rakesh, a filmmaker with over 15 years of experience in the film industry, for the benefit of multimedia students in the 1st, 3rd, and 5th semesters. Mr. Rakesh had worked as an institute head, ad film producer, and filmmaking faculty in Studio Magic and Myth School, besides being a visiting faculty member at G F T I (Government Film and TV Institute). He is also an international award winner for "Thuthu Anna," a 3D animation short film.





Educational Tour

Students of B. Des Space Design visited the Museum Of Art and Photography on October 10, 2023 to explore museum collections, particularly the various exhibits and gallery arrangements, as they align perfectly with the research focus of the university. Students were able to gain insights into the contemporary and classical art collections of the museum and deepen their appreciation of artistic expression and cultural heritage. The visit helped students understand museum layouts, gallery arrangements, lighting, types of exhibits and displays, museum circulation, and anthropometric study.





International Engagement

The Office of International Affairs, Presidency University, signed an MoU with the University of Essex on October 27, 2023, to embark on a journey of academic excellence. The collaboration opens doors for students to pursue their Masters programs with guaranteed scholarships and fee waivers.

The University had the privilege of hosting a prominent delegation from the esteemed University of Essex, UK. The visiting members included Professor Anthony Forster, the Vice-Chancellor, along with Ms. Vanessa Potter, Director of Communications and External Relations, and Dr. Annecy Lax, Dean of Partnerships (Education). Mr. Sandeep Sharma, the Director for the Indian Subcontinent Region, and Ms. Aneesha Pareeth, Regional Advisor for South India, were part of the delegation.

The Vice Chancellor, Professor D. Subhakar, signed the MoU on behalf of Presidency University. The Pro Vice Chancellors, Dr. Muddu Vinay, Dr. AM Surendra Kumar, Dr. Anubha Singh, the Registrar, Ms. Sameena Noor Ahmed, and the Director for International Relations, Dr. Sivaperumal S, along with the Deans of Schools, Heads of Departments, and members of the Officer of International Affairs, Presidency University, were also present.

The Office of International Affairs, Presidency University, is thrilled about the possibilities this partnership holds and looks forward to a fruitful academic journey with the University of Essex.





Department of Learning and Development Workshop On Placement Readiness

The Learning and Development Team, Presidency University, organized a workshop on “Placement Readiness” on October 27, 2023. The workshop focused on providing guidance for students to ace the interviews, creating a positive impression on the potential employer, and understanding the importance of internships.

The workshop included several breakout sessions on pertinent topics such as the recruitment process, drafting resumes in both digital and document formats, personal interviews (STAR Technique), and LinkedIn networking as well.

Students got the opportunity to get hands-on training on how to improve their job search skills.





Social Responsibility

Presidency University and Yuva Unstoppable Transform Educational Landscape for Young Women in Mandya

The university has refurbished the Government College for Women, Mandya, to provide a new-look campus aimed at enhancing opportunities for girls to pursue quality education under the collaborative initiatives of the Government of Karnataka. The university campus was revamped by improving the infrastructural facilities and providing necessary amenities at a cost of 2.2 crores.



Events Galore





Answer to the October edition of the Picture Calling Photo contest.



Identify this event.

The annual art fair, Chitra Santhe, organized by Karnataka Chitrakala Parishath (CKP) as a tribute to its founder, Nanjunda Siri, has become a medium for artists to display their work and find a ready market for their products. It also provides a platform for young talents to showcase their work. For art lovers, it is a one-stop point sourcing all under one roof.

The following got the answer right.

Dr. Prachi Beriwal
Associate Professor
School of Management
Presidency University

Mr. Saman Ali
Admin Associate
Registrar Office

Dr. Padmasri Mishra
Assistant Professor,
School of Commerce,
Presidency University

Congratulations



Here is another picture to test your general awareness.



Identify the scene

Send the details of this picture, your name and your role/ class details to editor@presidencyuniversity.in



Congratulations

Congratulations to Dr. Muddu Vinay, Pro Vice Chancellor, Presidency University, for being conferred the Certificate of Recognition for his exemplary service as a judge at the QS Reimagine Education Awards 2023.

This certificate is awarded in recognition of the time and expertise provided to the second round of judging for the QS Reimagine Education Awards 2023. Contested by over 1000 applicants across the globe, the QS Reimagine Education Awards, also known as the Oscars of Education, are a global competition for pioneering pedagogical innovations enhancing teaching, learning, graduate employability, and sustainability education in 17 different award categories.





Congratulations

Dr. Y. Narasimha Raja,

Assistant Professor, SOM, has completed his 90-day pre-commission course from June 12, 2023, to September 9, 2023, at the Officers Training Academy, Kamptee, Maharashtra. The NCC Officers Training Academy, Kamptee, is one of India's unique training institutions where NCC officers are given rigorous military training. He has successfully completed his training course and been awarded the rank of "Lieutenant" (Army Wing) Associate NCC Officer in the NCC under the Ministry of Defense. He represents our Presidency University and the 3 Karnataka Battalion at the national level. He is the first faculty member from our university to become a "Lieutenant" (NCC Army Wing).

Congratulations

Dr. Manikandan M,

Assistant Professor, Department of Electronics and Communication Engineering, School of Engineering, whose article "A Critical Review on Various Buffer Layers Used to Enhance the Photovoltaic Performance of Organic Solar Cells" has been published in the Current Nano Science Journal (SCI) with an impact factor of 1.5. <https://www.eurekaselect.com/article/134800>





Congratulations

Dr. Prabhukumar S.

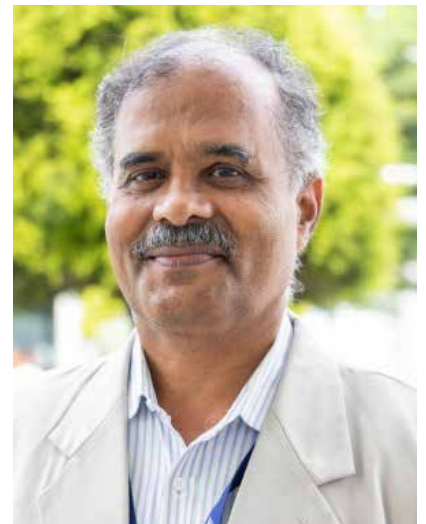
For having bagged the Erasmus+ (European Union) visiting fellowship under the International Credit Mobility Program (ICM 2023) for staff teaching and training in the area of additive manufacturing at Tallinn University of Technology, Estonia, for a period of 28 days. The grant amount approved is EURO 5020 (Rs. 4,50,000).

Congratulations

Professor Jagdish H. Godihal, Professor of Civil Engineering and Deputy Dean of Academic Research, has been invited to work on the editorial team for the International Journal of Sustainable Construction Engineering and Technology (IJS CET). This is a double-blind, peer-reviewed journal of Universiti Tun Hussein Onn Malaysia.

Scopus Indexed, Scimago Ranked

<https://publisher.uthm.edu.my/ojs/index.php/IJS CET/about/editorialTeam>





EDITORIAL TEAM

- Prof. Dr. Stephen O Ogunlana, Heriot-Watt University, United Kingdom
- Prof. Toru Otsuru, Oita University, Japan
- Prof. Dr. Jagdish H Godihal, Presidency University, India
- Prof. Ir. Dr. Kartini Kamaruddin, Universiti Teknologi Mara, Malaysia
- Assoc. Prof. Dr. Ayman Othman, The British University, Egypt
- Assoc. Prof. Dr. Begum Sertyesilisik, Istanbul Technical University, Turkey
- Assoc. Prof. Dr. Mohammad A Hassanain, King Fahd University of Petroleum and Minerals, Saudi Arabia
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Congratulations to the project team led by Prof. Jagadish H. Godihal.

Transformative Success:

B. Tech Project's Journey to Scopus Publication, National Conference, and Project Expo First Prize

The B.Tech. project has evolved into a published paper in a Scopus-indexed journal as well as in proceedings from a national conference. Additionally, the project secured the first prize in the project expo. During the academic year 2022-2023, under Prof. JaGo's supervision, a group of four B.Tech. students carried out a project exploring sustainable materials and construction, embodying the ethos of research-based experiential learning. It not only empowered them to present a paper at a national conference but also culminated in the publication of their findings in a Scopus-indexed journal. Here is an excerpt from their paper.





The Presidency Alumni



ALUMNI CONNECT

Each month, Kaleidoscope features an exclusive section dedicated to Presidency University alumni.



The Presidency Wall of Fame

Presidency University takes immense pride in recognizing and celebrating the remarkable achievements of our alumni. These individuals, who once walked our hallowed halls as students, have since blossomed into accomplished professionals, leaving an indelible mark on our institution. We cordially invite you to explore the Presidency Wall of Fame as we celebrate the talents, accomplishments, and inspiring success stories of our distinguished graduates.



Star of the Month



Dear Alumni,

If you would like to be featured in the Star of the Month column, please mail information about milestones, your professional, and extracurricular achievements to editor@presidencyuniversity.in and Kaleidoscope will feature them in the Alumni Connect.



Samudgam

The Alumni Association of Presidency University hosted its second Alumni Meet on November 11, 2023, at the University Campus, Rajanukunte. The alumni meet christened 'Samudgam' meaning rising together began with a formal lamp lighting by the Vice Chancellor Dr. D Subhakar, Registrar Dr. Sameena Noor Ahmed Panali, the Pro VCs, Dr. Anubha Singh, Dr. Surendra Kumar, and Dr. Muddu Vinay, Head of Alumni and ISR, Mr. Sameet Joshi, and the President of the AAPU, Ms. Ayesha Sayed.

The new Alumni Logo, which was designed by a student from the School of Design, was formally unveiled by the dignitaries. Scintillating performances by two bands, THE LAST MINUTE, the University Band group, and RETRO BLACK, formed by a Presidency University alumnus, a Bharatnatyam recital by Nritya Kutira, a group formed by yet another of the University's alumnus, and a stand-up comic performance by Anand Rathnam from Bengaluru marked the evening's agenda.

700+ alumni spent the evening connecting with their batchmates and mentors, enjoying the food, performances, and music, and clicking selfies against picturesque backdrops placed at the venue. The annual event ended with a promise to come back next year with fresh initiatives that are in the pipeline for the year 2024.



Alumni Connect



Alumni Connect





Verbal Analogies

An analogy is a comparison that is made between two distinct but in some way comparable occurrences, situations, or conditions. A verbal analogy is when one pair of words is compared to another pair of words and shows how they are similar.

Verbal analogy tests are all too common in competitive exams. You should have a strong vocabulary if you want to improve your score in verbal analogy tests.

Hints to solve verbal analogy questions

1. Go from the known to the unknown. Find out the connection between the set of words given in the question.
2. Now look at the options and see which response comes closest.
3. Practice makes a person perfect.

Try solving the following:

1. Book: Pages:: Movie : ?

- a) Film
- b) Frames
- c) Actors
- d) Director

5. Fire: Burn :: Ice : ?

- a) Melt
- b) Freeze
- c) Chill
- d) Water

2. Cat: Feline:: Dog : ?

- a) Pooch
- b) Pet
- c) Canine
- d) Animal

6. Doctor: Hospital :: Teacher : ?

- a) Classroom
- b) Books
- c) Knowledge
- d) Student

3. Water: Liquid:: Ice : ?

- a) Solid
- b) Cold
- c) Melt
- d) Drink

7. Bicycle: Two:: Tricycle : ?

- a) Three
- b) Pedals
- c) Wheels
- d) Cycle

4. Circle: Shape:: Square: ?

- a) Round
- b) Corner
- c) Rectangle
- d) Angles

8. Hunger: Eat:: Thirst : ?

- a) Drink
- b) Quench
- c) Water
- d) Liquid



9. Summer: Hot :: Winter : ?

- a) Snow
- b) Cold
- c) Holidays
- d) Warm

10. Pen: Write:: Knife : ?

- a) Cut
- b) Cook
- c) Sharp
- d) Spoon

11. Circle: Round:: Square:: ?

- a) Triangle
- b) Rectangle
- c) Oval
- d) Curved

12. Piano: Music:: Brush:: ?

- a) Canvas
- b) Painting
- c) Artist
- d) Instrument

13. Author: Book:: Chef ::?

- a) Recipe
- b) Restaurant
- c) Food
- d) Cookbook

14. Doctor: Hospital:: Teacher: ?

- a) School
- b) Student
- c) Classroom
- d) Education

15. River: Water:: Road: ?

- a) Car
- b) Asphalt
- c) Traffic
- d) Land

16. Sun: Day :: Moon:?

- a) Night
- b) Sky
- c) Star
- d) Planet

17. Fish: Aquarium:: Bird: ?

- a) Cage
- b) Nest
- c) Sky
- d) Feathers

18. Ocean: Salt:: Lake:?

- a) Fresh
- b) Water
- c) Pond
- d) Fish

19. Cat: Meow:: Dog : ?

- a) Bark
- b) Fur
- c) Wag
- d) Purr

20. Authorize: Permission:: Forbid : ?

- a) Ban
- b) Command
- c) Allow
- d) Deny



Answers

1 b) Frames

2 c) Canine

3 a) Solid

4 b) Corner

5 a) Melt

6 a) Classroom

7 a) Three

8 a) Drink

9 b) Cold

10 a) Cut

11 b) Rectangle

12 b) Painting

13 d) Cookbook

14 a) School

15 b) Asphalt

16 a) Night

17 a) Cage

18 a) Fresh

19 a) Bark

20 d) Deny

With languages, you are at home anywhere.

Edward De Waal



From gothilla to gotthu (don't know to know)

From the Department of Languages, Kannada, for non-Kannadigas to make yourselves at home in Bengaluru. Happy learning.

Conversation in the Market

- What is the Cost of orange?
- Orange na bele eshtu?
- Please weigh correctly.
- Dayavittu sariyaagi thooka haaki.
- I don't have the change.
- Nanna hatthira chillare illa.
- Is it?
- Haudhaa?
- Give the change any time later.
- Change Aamele yaavagalaadaru kodi.
- It is good, Madam.
- Idhu chennagidhe Madam.
- Give me ½ kg apple.
- Nanage ardha kg sebu kodi.
- Please take it, Madam
- Dayavittu thagolli Madam
- What is the price of lady's finger?
- Bendekaayiya bele eshtu?
- Lady's finger is 60 rupees.
- Bendekaayi 60 rupaayi
- Can't I get for 50 rupees?
- Aivatthu rupaayige baralva?
- No Madam, the price has gone up.
- Baralla Madam, bele jaasthi aagidhe.
- What is the price of cabbage?
- Ele kosina bele eshtu?
- How much for the beans?
- Huruli kaayi hege?
- Cabbage is 40 Rupees per kg.
- Ele Kosu kg ge 40 rupaayi.
- Give me one kg.
- Ondhu kg kodi.

1 kg ondhu kg
½ kg ardha kg
¼ kg kaalu k g
¾ kg mukkaalu k g
Scale thakkadi
Store angadi



Voices

In Kannada, there are two voices in common use, viz., active voice and passive voice.

In active voice, the subject will be in the nominative case while the object is in the objective case.

1. Lalitheyu (Lalithalu) pusthakavannu odhidhalu.
2. Neenu baavutavannu kotte.

In passive voice, the object will be used in the nominative case, while the subject is in the instrumental case.

1. Lalithalindha pusthakavu odhalpattithu.
2. Ninnindha baavutavu kodalpattithu.

Curiosity is the wick in the candle of learning.

William Arthur Ward



Do you like to dabble in sketching cartoons as a pastime and would like to know all about the history of cartooning in India? Learn about the works of some of the great cartoonists of India who could convey every kind of message through their illustrious works. Then you must definitely plan a visit to the **Indian Cartoon Gallery**. Did you know it is right here in our own Namma Bengaluru? Tucked away near the Trinity Metro Station at No. 1 Midford Garden, Craig Park Layout, and Sivanchetti Gardens is the Indian Cartoon Gallery. It is open to visitors from 10 a.m. to 6 p.m., and entry is absolutely free! The rich library endowed with information about cartooning, a small museum of wax models of cartoon characters, the regularly held exhibitions—all these make a visit to this gallery a delightful one. So the next time you have free time on hand, plan a visit and enjoy the gems hidden away in our city.

Trivium





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Kaleidoscope wishes to thank all those who have contributed to this edition of the magazine.





PRESIDENCY KALEIDOSCOPE

