



# PRESIDENCY UNIVERSITY

Private University Estd. in Karnataka State by Act No. 41 of 2013



## SCHOOL OF MANAGEMENT

| SL. NO.                  | EVENTS/ACTIVITIES  | DATE       |
|--------------------------|--|------------|
| <b>5.1.3-SOFT SKILLS</b> |  |            |
| 1                        | Work shop on “Emotional Intelligence & Peer Pressure”.       | 06-12-2022 |
| 2                        | Workshop On “Nurturing competencies for personal Excellence” | 02-01-2023 |

  
REGISTRAR





# PRESIDENCY UNIVERSITY

Private University Estd. in Karnataka State by Act No. 41 of 2013



## SCHOOL OF MANAGEMENT REPORT

### Work shop on “Emotional Intelligence & Peer Pressure”-

Venue: Auditorium Presidency University

Date: 6<sup>th</sup> Dec 2022

: Time 2.30 Pm to 4.00 am

**Event Organized on:** Off line

**Organized For:** MBA 1<sup>st</sup> Year SEM -I Students

**Resource Person:** Prof Sheela Krishna, 25 Years of Corporate Experience.

Coordinator: Dr. Fakruddin Ali Ahmed

No. of Participants: 220

**About Event:** Emotional intelligence allows us to effectively cope with stress. Furthermore, emotionally intelligent people also have the ability to initially evaluate situations as less stressful. While this has the obvious effect of lessening the adverse impact thereof, it also results in greater life satisfaction and happiness. Emotional intelligence is the ability to identify and regulate one’s emotions and understand the emotions the others. A high EQ helps you to build relationships, reduce team stress, defuse conflict and improve job satisfaction. Ultimately, a high EI means having the potential to increase team productivity and staff retention. That’s why when it comes to recruiting management roles.

#### **Self-awareness**

Self-awareness is the ability to recognise one’s emotions, emotional triggers, strengths, weaknesses, motivations, values and goals and understand how these affect one’s thoughts and behaviour.

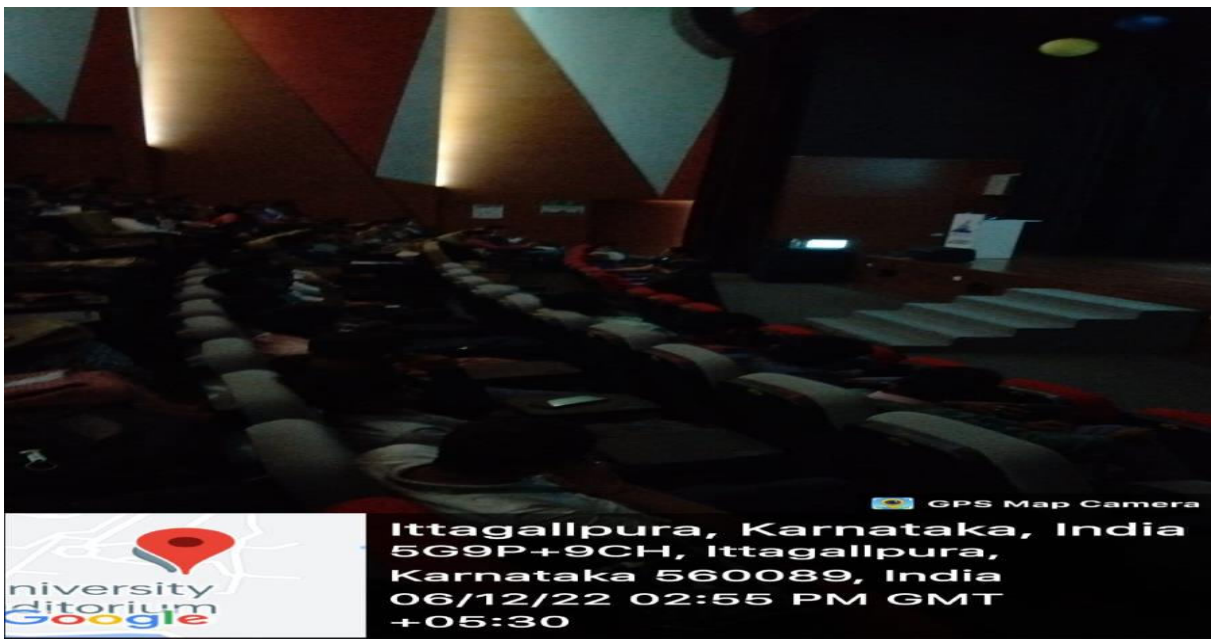
#### **Self-management**

Drawing on one’s self-awareness, self-management is the ability to regulate one’s emotions. Everyone – including those with a high EQ – experiences bad moods, impulses and negative emotions like anger and stress, but self-management is the ability to control these emotions rather than having them control you.

#### **Motivation**



Motivation is essentially what moves us to take action. When we face setbacks and obstacles, checking in with our motives is what inspires us to keep pushing forward.



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## PARTICIPANTS

The participants for the Emotional Intelligence 220 students MBA 1<sup>st</sup> Year I Sem Students.

**Certificate Pic (If applicable):** NA

**ZOOM Link (If Online):**NA

Dr. Fakruddin Ali

Event In charge

Dr Akhila Udapa

HOD-SOM

Dr. Krishna Kumar

Associate Dean -SOM

A handwritten signature in green ink over a blue circular official stamp. The stamp contains the text "REGISTRAR" at the top, "Presidency University" in the middle, and "BANGALORE" at the bottom. The word "Registrar" is also written inside the stamp.

**Presidency University SEC -02**  
**School of Management**

News Hour/  
 By Prof. Dr Jai Raj Nair & C A Vivek Malya  
 Time: 9.00 am to 1pm, 6<sup>th</sup> DEC 2022, Venue: PU AUDITORIUM  
 Section-2 MBA2022

| Sl no | Roll No      | Name of the Student              | Signature |
|-------|--------------|----------------------------------|-----------|
| 1     | 20222MBA0053 | DONA DAVID                       |           |
| 2     | 20222MBA0022 | SUPRIYA SAH                      |           |
| 3     | 20222MBA0169 | S YUVAN KARTHIK                  |           |
| 4     | 20222MBA0006 | NITHISH Y J                      |           |
| 5     | 20222MBA0007 | CHODA KEERTHANA                  |           |
| 6     | 20222MBL0010 | ANKIT SANTHOSH                   |           |
| 7     | 20222MBL0004 | SANJITH M                        |           |
| 8     | 20222MBA0125 | HARITHA K P                      |           |
| 9     | 20222MBA0008 | SHAFEEQ MANIPADY                 |           |
| 10    | 20222MBA0059 | PARAKALAN P                      |           |
| 11    | 20222MLS0015 | SYED SIBRAN BUKHARI              |           |
| 12    | 20222MBL0008 | SREEKUMAR K S                    |           |
| 13    | 20222MBA0126 | PRIYA NATH                       |           |
| 14    | 20222MBA0009 | SYED ZAYEEM ABBAS                |           |
| 15    | 20222MBA0086 | ANTHONY SANJAY PAUL S            |           |
| 16    | 20222MBA0149 | Ballepalli Sai Lavanya           |           |
| 17    | 20222MBA0096 | SASWAT KUMAR PANDA               |           |
| 18    | 20222MBA0157 | SAROJ KUMAR MOHAPATRA            |           |
| 19    | 20222MBL0011 | SADHANA N                        |           |
| 20    | 20222MBL0012 | GEETHANJALI S                    |           |
| 21    | 20222MBA0063 | PARVATHY S NAIR                  |           |
| 22    | 20222MBA0051 | RAKSHITHA M                      |           |
| 23    | 20222MBA0150 | Sree Vyshnavi Anumala            |           |
| 24    | 20222MLS0011 | ABDUL BASIR WAJID                |           |
| 25    | 20222MBA0082 | GAUTAMI GURUPRASAD<br>HATTANGADI |           |
| 26    | 20222MBA0128 | M BHAGYA                         |           |
| 27    | 20222MBA0108 | SHEEBA SHAKEEL KHAN              |           |

(48)

  
 REGISTRAR  


|    |               |                           |                                |
|----|---------------|---------------------------|--------------------------------|
| 28 | 20222MBA00052 | VINEESWARAN R             | <i>Vineeswarana</i>            |
| 29 | 20222MBA00069 | ALLA SRAVANI              | <i>ALLA SRAVANI</i>            |
| 30 | 20222MBA0010  | ARTRIYA DUTTA             | <i>Artriya Dutta</i>           |
| 31 | 20222MBA00031 | NIKHIL D                  | <i>Nikhil D</i>                |
| 32 | 20222MBA0011  | TINA SAHA                 | <i>Tina Saha</i>               |
| 33 | 20222MBA0129  | Praveen Kumar R           | <i>Praveen Kumar R</i>         |
| 34 | 20222MBA0079  | KAVYA M                   | <i>Kavya M</i>                 |
| 35 | 20222MBA0144  | SAGAR P                   | <i>Sagar P</i>                 |
| 36 | 20222ML.S0008 | NITHIN SREENIVAS          | <i>Nithin Sreenivas</i>        |
| 37 | 20222MBA0043  | SUDHAKAR A                | <i>Sudhakar A</i>              |
| 38 | 20222MBA0089  | PERUMALA SRE BHANU        | <i>Perumala Sre Bhanu</i>      |
| 39 | 20222MBA0098  | NEHA BATHLA               | <i>Neha Bathla</i>             |
| 40 | 20222MBA0044  | AMRITHAVARSHINI L         | <i>Amrithavarshini L</i>       |
| 41 | 20222MBA0012  | GOJLA GUNA SREE           | <i>Gunna Sree</i>              |
| 42 | 20222MBA0032  | KANCHAPU VEERA SAI CHARAN | <i>K.V. Sai Charan</i>         |
| 43 | 20222MBA0122  | CHINNA MALLELA SANDHYA    | <i>Sandhya</i>                 |
| 44 | 20222MBA0033  | K SOHITH KUMAR            | <i>K. Sohit Kumar</i>          |
| 45 | 20222MBA0034  | GIRIJARANI S              | <i>Girija Ranis</i>            |
| 46 | 20222MBA0035  | SANDEEP S                 | <i>Sandeep S</i>               |
| 47 | 20222MBA0045  | IVY MELISSA DMELLO        | <i>Ivy Melissa Dmello</i>      |
| 48 | 20222MBA0145  | DEVA M                    | <i>Deva M</i>                  |
| 49 | 20222MBA0140  | B V CHANDRAKETHEAN REDDY  | <i>B V Chandrakethan Reddy</i> |
| 50 | 20222ML.S0021 | SANGEETH P P              | <i>Sangeeth P P</i>            |
| 51 | 20222ML.S0022 | ASWANTH V K               | <i>Aswath V K</i>              |
| 52 | 20222MBA0172  | Akash B                   | <i>Akash B</i>                 |
| 53 | 20222 MBSA171 | R Y T H PANDYA            | <i>R Y T H Pandya</i>          |

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**Presidency University SEC-03**

**School of Management**

News Hour/

By Prof. Dr. Jai Raj Nair & C A Vivek Malya  
Time: 9:00 am to 1pm, 6th Dec 2022, Venue: PU AUDITORIUM  
MBA SEC 3

| SI no | Roll No      | Name of the Student      | Signature |
|-------|--------------|--------------------------|-----------|
| 1     | 20222MBL0021 | INAYA JAYAFER            | _____     |
| 2     | 20222MBA0083 | ANKIT DAS                | _____     |
| 3     | 20222MBA0013 | SUDHA NAGA SANKALP       | _____     |
| 4     | 20222MBA0130 | GADDAM SUSMITHA REDDY    | _____     |
| 5     | 20222MBA0014 | PIENTY MANOHAR BALAJI    | _____     |
| 6     | 20222MBA0090 | L.SAI VIKAS              | _____     |
| 7     | 20222MBA0151 | KANDHURI VISHNU VARDHAN  | _____     |
| 8     | 20222MBA0131 | A.R.PRAVVAL KUMAR        | _____     |
| 9     | 20222MDM0001 | MUTHU VELAYUTHAM M       | _____     |
| 10    | 20222MBA0132 | YENDRA BHUVANESWAR REDDY | _____     |
| 11    | 20222MBL0007 | B.N.PADMAVATHI           | _____     |
| 12    | 20222MBA0142 | SAROWAR AZAD             | _____     |
| 13    | 20222MBA0163 | M.GAYATRI                | _____     |
| 14    | 20222MBA0040 | NIDA KOUSAR              | _____     |
| 15    | 20222MBA0143 | SOBIKA P                 | _____     |
| 16    | 20222MBA0041 | MOHAMMED GUFRAN          | _____     |
| 17    | 20222MEB0004 | ALEXIS MEGAN WILKINS     | _____     |
| 18    | 20222MBA0091 | NIKALA MANASA            | _____     |
| 19    | 20222MBA0021 | TONY THOMAS              | _____     |
| 20    | 20222MBA0102 | AVINISH YADAV            | _____     |
| 21    | 20222MBA0118 | SHALOM JOHN              | _____     |
| 22    | 20222MBA0166 | GOKUL AKRISHNAN R        | _____     |
| 23    | 20222MBA0113 | KUHALI MANDAL            | _____     |
| 24    | 20222MBA0133 | SANDHYA R                | _____     |
| 25    | 20222MBL0017 | POONACHA K U             | _____     |
| 26    | 20222MBA0103 | SNEGAPRIYA K             | _____     |
| 27    | 20222MBA0134 | ATHIRAM                  | _____     |
| 28    | 20222ML00017 | SREENISHA P N            | _____     |

|    |              |                                    |       |
|----|--------------|------------------------------------|-------|
| 29 | 20222MBA0036 | HARSHITHA RAMANUJI                 | _____ |
| 30 | 20222MBA0058 | AMAY C                             | _____ |
| 31 | 20222MBA0121 | ISHA SAHU                          | _____ |
| 32 | 20222ML0024  | MASUDUR RAHAMAN                    | _____ |
| 33 | 20222MBA0153 | ERUNAL RAGHAVAN                    | _____ |
| 34 | 20222MBA0081 | RONIT RAJ                          | _____ |
| 35 | 20222MDM0008 | AUSAF SAJID ANSARI                 | _____ |
| 36 | 20222MBA0015 | TEJAS P                            | _____ |
| 37 | 20222MBL0013 | SATYA PRAKASH PRUSTY               | _____ |
| 38 | 20222MBA0154 | SAI SANDHYA SWEAGHA SREE PULCHERLA | _____ |
| 39 | 20222MBL0009 | SOURINI PAL                        | _____ |
| 40 | 20222MBA0070 | SUDHAKAR REDDY JASWANATHI REDDY    | _____ |
| 41 | 20222MBA0155 | ROSHAN SV                          | _____ |
| 42 | 20222MDM0006 | SAKSHAM DHIMAN S                   | _____ |
| 43 | 20222MBA0042 | C A MOHAMMED FADIL                 | _____ |
| 44 | 20222MBA0084 | SAHIL SAHOO                        | _____ |
| 45 | 20222MBA0146 | MUKKARA VENKATA RAMANA REDDY       | _____ |
| 46 | 20222MBA0016 | VISHAL CHAKROBORTY                 | _____ |
| 47 | 20222MBA0085 | ADITHI SRIDHAR                     | _____ |
| 48 | 20222MDM0010 | PRIYA DEY                          | _____ |
| 49 | 20222MBA0135 | NISHU KUMARI SRIVASTAVA            | _____ |
| 50 | 20222MBA0136 | I V DOMINI                         | _____ |
| 51 | 20222MBA0092 | MANCHIRAJU LALITHA DEVI            | _____ |
| 52 | 20222MBA0120 | PRATYUSHA PRIYADARSHINI GANTAVATI  | _____ |
| 53 | 20222MBA0093 | VANKARA NAVYA CHANDRIKA            | _____ |
| 54 | 20222MBA0117 | SWEETA BHAGAVAT                    | _____ |

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**Presidency University SEC -04**

**School of Management**

News Hour

By Prof. Dr. Jai Raj Nair & C A Vivek Malya  
Time: 9:00 am to 1pm, 6th DEC 2022, Venue: PU AUDITORIUM  
MBA I SEM SEC 4

| Sl no | Roll No      | Name of the Student           | Signature |
|-------|--------------|-------------------------------|-----------|
| 1     | 20222MBA0159 | ARSATH AHMED S                |           |
| 2     | 20222MBA0147 | YASH SANGHI                   |           |
| 3     | 20222MBA0060 | HITYSHI N                     |           |
| 4     | 20222MBA0025 | SAKET KUMAR                   |           |
| 5     | 20222MBA0054 | R BHARATHI                    |           |
| 6     | 20222MBA0100 | HARSHDEEP KAUR MEHRA          |           |
| 7     | 20222MBA0071 | BUDAMAKAYALALATHA             |           |
| 8     | 20222MBA0024 | SHAIK MOHAMMED BUSHIRA ANDUM  |           |
| 9     | 20222MBA0028 | DEEPTI RANJAN DAS             |           |
| 10    | 20222MBA0020 | SIMRAN SHARMA                 |           |
| 11    | 20222MBA0027 | MARTHALA EVASFREE             |           |
| 12    | 20222MBA0012 | LAD MIHR PRAKASH              |           |
| 13    | 20222MBA0015 | SATYAJIT LENKA                |           |
| 14    | 20222MBA0011 | BIBEK CHOUDHURY               |           |
| 15    | 20222MBA0094 | SAI RAJESHWARI MATTA          |           |
| 16    | 20222MBA0037 | NAVYAN PRAADHAN               |           |
| 17    | 20222MBA0066 | N MOHAN SAI                   |           |
| 18    | 20222MBA0156 | DASARA VENKATA SATYA SAI TEJA |           |
| 19    | 20222MBA0061 | NITHIN SURESH                 |           |
| 20    | 20222MBA0017 | SHRIKANT BASAVARAJ MALGANVI   |           |
| 21    | 20222MBA0039 | NOORAL FARHA                  |           |
| 22    | 20222MBA0104 | LAKSHMI NARAYANAN A           |           |
| 23    | 20222MBA0105 | S DHANAKUMAR                  |           |
| 24    | 20222MBA0095 | J VISHINU                     |           |
| 25    | 20222MBA0018 | AKASH BISWAS                  |           |

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|    |              |   |  |
|----|--------------|---|--|
| 26 | 20222MBA0073 | UDATTIA GEETANAMI                           |  |
| 27 | 20222MBA0049 | DEAZY RANI MOHANTA                          |  |
| 28 | 20222MBA0065 | ASHRITHA THOMAS                             |  |
| 29 | 20222MBA0056 | HARI KRISHNA RAVANKI                        |  |
| 30 | 20222MBA0106 | PRAVEEN PRAMOD                              |  |
| 31 | 20222MBA0080 | SURYA PRAKASH D SHAIK MOHAMMED SALEEMUNNISA |  |
| 32 | 20222MBA0023 | YASHASWINI S                                |  |
| 33 | 20222MBA0137 | APARNA S MENON                              |  |
| 34 | 20222MBA0064 | ASAD CHANDRA BOSE                           |  |
| 35 | 20222MBA0075 | ANNWESHA ADHIKARI                           |  |
| 36 | 20222MBA0029 | MUSKAN SINGH                                |  |
| 37 | 20222MBA0110 | GOWTHAMDNESH U                              |  |
| 38 | 20222MBA0077 | NICHENAMETLA DHARANI                        |  |
| 39 | 20222MBA0005 | AKASH KASHYAP                               |  |
| 40 | 20222MBA0107 | VIKASH KUMAR                                |  |
| 41 | 20222MBA0019 | KAREN JOHNY                                 |  |
| 42 | 20222MBA0165 | ANANTHU SALIM                               |  |
| 43 | 20222MBA0057 | NIZAR AHMED                                 |  |
| 44 | 20222MBA0072 | JWALA JAYARAJ                               |  |
| 45 | 20222MBA0020 | TRISHA KRISHNA                              |  |
| 46 | 20222MBA0078 | SAMIKSHA BOSE D                             |  |
| 47 | 20222MBA0138 | RATHOR GURJEET SINGH                        |  |
| 48 | 20222MBA0046 | G ESWAR                                     |  |
| 49 | 20222MBA0114 | TANIA ROHMAN                                |  |
| 50 | 20222MBA0048 | ROHAN N GOWDA                               |  |
| 51 | 20222MBA0118 | GOUTHAM P                                   |  |
| 52 | 20222MBA0119 | J PHANISAI DATTA                            |  |
| 53 | 20222MBA0116 | HASIBA AHMED                                |  |
| 54 | 20222MBA0115 | S SHARISHIMA                                |  |
| 55 | 20222MBA0009 |   |  |

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**Presidency University SEC-05**  
**School of Management**  
 News Hour/

By Prof. Dr. Jai Raj Nair & C.A Vivek Malysa  
 Time: 9:00 am to 1pm, 6th DEC 2022, Venue: PU AUDITORIUM  
 MBA I SEM SEC 5

| Sl no | Roll No      | Name of the Student     | Signature          |
|-------|--------------|-------------------------|--------------------|
| 1     | 20222MBA0005 | MAYOLA DESOUZA          | <i>[Signature]</i> |
| 2     | 20222MBA0009 | SYED ZAYEEM ABBAS       | <i>[Signature]</i> |
| 3     | 20222MBA0026 | SAGARIKA AICH           | <i>[Signature]</i> |
| 4     | 20222MBA0162 | SINDHU G.N              | <i>[Signature]</i> |
| 5     | 20222MBA0173 | ABHIJEET S              | <i>[Signature]</i> |
| 6     | 20222MBA0174 | MADDIMANI DAMODARA RAJU | <i>[Signature]</i> |
| 7     | 20222MBA0175 | ANKIT KUMAR             | <i>[Signature]</i> |
| 8     | 20222MBA0176 | HITESH GARG             | <i>[Signature]</i> |
| 9     | 20222MBA0177 | ESKALA GOUTHAM          | <i>[Signature]</i> |
| 10    | 20222MBA0178 | DILEEP N                | <i>[Signature]</i> |
| 11    | 20222MBA0179 | PRATEETI JHA            | <i>[Signature]</i> |
| 12    | 20222MBA0180 | SOUJANYA G              | <i>[Signature]</i> |
| 13    | 20222MBA0181 | APARNA S                | <i>[Signature]</i> |
| 14    | 20222MBA0182 | NEHA KOUSAR             | <i>[Signature]</i> |
| 15    | 20222MBA0183 | SUNAINA S               | <i>[Signature]</i> |
| 16    | 20222MBA0184 | NAMPALLI PRATHYUSHA     | <i>[Signature]</i> |
| 17    | 20222MBA0185 | SUSHMITHA S             | <i>[Signature]</i> |
| 18    | 20222MBA0186 | ARPITHA P               | <i>[Signature]</i> |
| 19    | 20222MBA0187 | RASOLI LOUKYA           | <i>[Signature]</i> |
| 20    | 20222MBA0188 | NAVEEN KUMAR S          | <i>[Signature]</i> |
| 21    | 20222MBA0189 | ANDHAVARAPU JOSHNA.     | <i>[Signature]</i> |
| 22    | 20222MBA0191 | AMRUTHA R               | <i>[Signature]</i> |
| 23    | 20222MBA0192 | DEVIKA KRISHNA KUMAR    | <i>[Signature]</i> |
| 24    | 20222MBA0193 | PAVAN KUMAR             | <i>[Signature]</i> |
| 25    | 20222MBA0194 | MOHAMMED YOUSUF         | <i>[Signature]</i> |
| 26    | 20222MBA0195 | TEJAS A                 | <i>[Signature]</i> |

|    |              |                                  |                    |
|----|--------------|----------------------------------|--------------------|
| 27 | 20222MBA0196 | ALLAN JOSEPH                     | <i>[Signature]</i> |
| 28 | 20222MBA0197 | MAHANTHESH S D                   | <i>[Signature]</i> |
| 29 | 20222MBA0198 | VASU S                           | <i>[Signature]</i> |
| 30 | 20222MBA0199 | SWATHI G.L                       | <i>[Signature]</i> |
| 31 | 20222MBA0200 | J REETHU VARMA                   | <i>[Signature]</i> |
| 32 | 20222MBA0201 | SHAIK MOHAMMED SADIQ             | <i>[Signature]</i> |
| 33 | 20222MBA0202 | SAHANA M                         | <i>[Signature]</i> |
| 34 | 20222MBA0203 | NIVEDHA A                        | <i>[Signature]</i> |
| 35 | 20222MBA0204 | PRAJWAL G                        | <i>[Signature]</i> |
| 36 | 20222MBA0205 | AKSHAY M                         | <i>[Signature]</i> |
| 37 | 20222MBA0206 | A.L.PRASAD                       | <i>[Signature]</i> |
| 38 | 20222MBA0207 | DENNIS HANAN D                   | <i>[Signature]</i> |
| 39 | 20222MBA0208 | NAVYA                            | <i>[Signature]</i> |
| 40 | 20222MBA0209 | V MONISHA                        | <i>[Signature]</i> |
| 41 | 20222MBA0210 | HAFSA MARIA                      | <i>[Signature]</i> |
| 42 | 20222MBA0211 | T HIMAM VALI                     | <i>[Signature]</i> |
| 43 | 20222MBA0214 | BHAGYA LAKSHMI                   | <i>[Signature]</i> |
| 44 | 20222MBA0218 | ASHISH JOHN                      | <i>[Signature]</i> |
| 45 | 20222MBA0219 | SAHANA C                         | <i>[Signature]</i> |
| 46 | 20222MBA0220 | THANU SHREE M A                  | <i>[Signature]</i> |
| 47 | 20222MBA0221 | ARSHITHA V                       | <i>[Signature]</i> |
| 48 | 20222MBA0221 | PALAKOLANU BHARGAVI.             | <i>[Signature]</i> |
| 49 | 20222MBA0222 | SUSHMITHA                        | <i>[Signature]</i> |
| 50 | 20222MBA0223 | RUCHITHA N R                     | <i>[Signature]</i> |
| 51 | 20222MBA0224 | MASUDUR RAHAMAN                  | <i>[Signature]</i> |
| 52 | 20222MBA0226 | MEKALA SMILY                     | <i>[Signature]</i> |
| 53 |              | KARRI VEERA VENKATA<br>MANIKANTA | <i>[Signature]</i> |
| 54 |              | KHUSHI KATTIMANI                 | <i>[Signature]</i> |
| 55 |              | SHRESHA SHEETI                   | <i>[Signature]</i> |
| 56 |              | AKASH STALIN                     | <i>[Signature]</i> |

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Amend. S.N

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**Presidency University SEC -06**

**School of Management**

News Hour/

By/Prof. Dr. Jai. Raj. Naik & C.A. Vivek. Malya

Time: 9:00 am to 1pm, 6<sup>th</sup> DEC 2022, Venue: PU AUDITORIUM

MBA I SEM SEC 6

| Sl no | Roll No      | Name of the Student           | Signature            |
|-------|--------------|-------------------------------|----------------------|
| 1     | 20222MBA0190 | PAVAN KUMAR S G               |                      |
| 2     | 20222MBA0215 | DHANANJAY H B                 | <i>Dhananjay HB</i>  |
| 3     | 20222MBA0217 | VISHAL SINGH                  | <i>Vishal Singh</i>  |
| 4     | 20222MBA0222 | CHIKKAMARE Gowda B V          | <i>Chikkamare</i>    |
| 5     | 20222MBA0224 | BODHIPARNA DE                 |                      |
| 6     | 20222MBA0226 | KAUSHIK SINGH                 | <i>Kaushik Singh</i> |
| 7     | 20222MBA0227 | GAGANA S RAO                  |                      |
| 8     | 20222MBA0229 | SAKSHI KUMARI                 |                      |
| 9     | 20222MBA0230 | DEEPIKA G                     | <i>Deepika G</i>     |
| 10    | 20222MBA0231 | MANASA GANGADHAR              | <i>Manasa G</i>      |
| 11    | 20222MBA0232 | ASHWINI                       | <i>Ashwini</i>       |
| 12    | 20222MBA0233 | VIJMADI VENKATA BHANU PRAKASH | <i>Vijma</i>         |
| 13    | 20222MEB0007 | AKASH N                       |                      |
| 14    |              | PRAJWAL S                     | <i>Prajwal S</i>     |
| 15    |              | RAJENDRA KUMAR S G            | <i>Rajendra</i>      |
| 16    |              | Y POOJA REDDY                 | <i>Y Pooja Reddy</i> |
| 17    |              | SUKKA TEJESH                  | <i>Sukka Tejesh</i>  |
| 18    |              | K SAINATH                     | <i>K Sainath</i>     |
| 19    |              | G S THANZIL AHAMED            |                      |
| 20    |              | S N ARSHEYA                   |                      |
| 21    |              | PRATHEEK R N                  | <i>Pratheek R N</i>  |
| 22    |              | CHEFAN M                      |                      |
| 23    |              | ROSHAN KUMAR                  | <i>Roshan</i>        |
| 24    |              | V VIKAS                       | <i>Vikas</i>         |
| 25    |              | SARATHI MOHAN K S             | <i>Sarathi</i>       |
| 26    |              | S SANTHOSHI REDDY             |                      |



# PRESIDENCY UNIVERSITY

(Established under the Presidency University Act, 2013 of the Karnataka Act 41 of 2013)

## SCHOOL OF MANAGEMENT WORKSHOP ON “Nurturing competencies for personal Excellence”

**Venue; Auditorium**

**2<sup>nd</sup> January 2023**

**: Time 1.00 Pm TO 2.30 am**

Event Organized on: On Line

Organized For: Open Event

Resource Person: Dr V.Srinivas ,Director, Enrich Institute of Personal Excellence

Coordinator: Dr. Fakruddin Ali Ahmed

No. of Participants: 200



## NURTURING COMPETENCIES FOR PERSONAL EXCELLENCE

Dr. Vissapragada Srinivas  
Director,  
Enrich Institute of  
Personal Excellence

Date :  
2<sup>nd</sup> January 2023

Venue:  
Auditorium

Time:  
1.00 pm to 2.30 pm

FACULTY-IN-CHARGE  
Dr. Fakruddin  
Associate Professor, SOM



*Sanne*  
REGISTRAR  
PRESIDENCY UNIVERSITY  
Bangalore  
Registrar

**About the event:** As a leader, you don't head to work every day intending to achieve mediocre results. Nonetheless, you may be inadvertently setting mediocre expectations through your actions or focus. Unfortunately, this is a trap that snags many executives.

Every executive and business owner wants immediate results for accelerated performance and lasting change. However, many leadership, corporate culture and training and development programs produce only short-term gains that fade away as teams go back to their old habits.

The key to moving your organization from the status quo to an expectation and achievement of excellence is your corporate culture. When you build a corporate culture of excellence,

### **Summary: ways to achieve a culture of excellence in the workplace**

1. Communicate and understand the organization's vision.
2. Be clear on your organization's purpose and meaning.

In a culture of excellence, employees feel that what they are working on is meaningful, significant, and purpose-based. Everyone concerned is highly inspired by the common purpose, which becomes the driving force behind everything that they do.

3. Focus on high performers and developing a mastery of roles.

Companies with a culture of excellence set an expectation of high performance organization-wide.

4. Practice resilience to changes and challenges.

In most organizations, when change or challenges occur, employees become distracted and lose focus on the organization's vision and goals. In a culture of excellence, employees develop the flexibility and resilience to deal with change, challenge and uncertainty.

5. Create highly collaborative teams.

Most of us have worked at companies where the silo mentality reigns. Teams and individuals closely guard their expertise, projects and knowledge. Collaboration across teams is nearly non-existent unless forced.

6. Install a pioneer mentality.





**Certificate Pic (If applicable):** NA

**ZOOM Link (If Online):** Dr Fakruddin ahmed is inviting you to a scheduled Zoom meeting.

**Topic:** Dr Fakruddin ahmed's Zoom Meeting

**Time:** This is a recurring meeting Meet anytime

**Join Zoom Meeting**

<https://us05web.zoom.us/j/84129419122?pwd=d1lLRW96dmM2SThqNndNMDVlcVJYQT09>

**Meeting ID:** 841 2941 9122

**Passcode:** 8wDg4b

Dr. Fakruddin Ali

Event In charge

Dr Akhila Udapa

HOD-SOM

Dr. Krishna Kumar

Associate Dean -SOM

REGISTRAR

List of participants:

| <b>Presidency University SEC -01</b><br><b>School of Management</b><br><b>Time:1pm to 2:30 pm, 2<sup>nd</sup> Jan 2023</b><br><b>Section-1- MBA 2022</b><br><b>Nurturing Copetencies for Personal Excellence</b> |              |                           |                      |
|--|--------------|---------------------------|----------------------|
| Sl no  | Roll No      | Name of the Student       | Signature            |
| 1  | 20222MLS0001 | AKASH STALIN              |                      |
| 2  | 20222MBA0123 | VYSHAK B NAIR             |                      |
| 3  | 20222MBA0001 | MOHAMMADFAHIZ M A         |                      |
| 4  | 20222MLS0009 | MITHUN S                  |                      |
| 5  | 20222MBA0164 | BLESSIE I                 |                      |
| 6  | 20222MBA0112 | HRICTWICK BHATTACHARJEE   | <i>Hritwik</i>       |
| 7  | 20222MBA0002 | SREERAM P                 |                      |
| 8  | 20222MLS0016 | AKSHAY M                  |                      |
| 9  | 20222MBA0109 | KRITIK SHARMA             | <i>Kritik Sharma</i> |
| 10   | 20222MBA0111 | KARIMALLAM MANOJ KUMAR    |                      |
| 11   | 20222MLS0003 | MUHAMMED SUHAIB           | <i>Suhaib</i>        |
| 12   | 20222MBA0055 | VARADA V                  |                      |
| 13   | 20222MBA0068 | SWAGAT KUMAR RAY          |                      |
| 14   | 20222MBA0003 | SAYANTH C RANJAN          |                      |
| 15   | 20222MBA0141 | AMINUL HUSSAIN            |                      |
| 16   | 20222MLS0019 | ASWIN VARGHESE            | <i>Aswin</i>         |
| 17   | 20222MBA0004 | NETTEM ARAVIND            |                      |
| 18   | 20222MBA0158 | UKKISALA RITHAM           |                      |
| 19   | 20222MBA0087 | NEVIYA P                  | <i>Neviya P</i>      |
| 20   | 20222MBA0099 | L HARINI                  |                      |
| 21   | 20222MEB0005 | DAS MONCHAI SANU          | <i>Das</i>           |
| 22   | 20222MBA0030 | NAJMUS SAHER B S          |                      |
| 23   | 20222MBA0026 | SAGARIKA AICH             |                      |
| 24   | 20222MBA0097 | PRASHANTH G               |                      |
| 25   | 20222MLS0004 | MOHAMMED NISHAD M V       | <i>Nishad</i>        |
| 26   | 20222MBA0088 | ANANYA GOYARI             |                      |
| 27   | 20222MBL0016 | KORRAMADUGU RAMANJANEYULU |                      |

*Sanna*  
 REGISTRAR  
 PRESIDENCY UNIVERSITY  
 Registrar  
 BANGALORE

Presidency University

SEC -02

School of Management

Time: 1pm to 2:30 pm, 2<sup>nd</sup> Jan 2023

Section-2- MBA 2022

Nurturing Copetencies for Personal Excellence

| Sl no | Roll No      | Name of the Student           | Signature     |
|-------|--------------|-------------------------------|---------------|
| 1     | 20222MBA0053 | DONA DAVID                    |               |
| 2     | 20222MBA0022 | SUPRIYA SAI                   |               |
| 3     | 20222MBA0169 | S YUVAN KARTHIK               |               |
| 4     | 20222MBA0006 | NITHSHI Y J                   | Nidhish Y.J   |
| 5     | 20222MBA0007 | CHODA KEERTHANA               |               |
| 6     | 20222MBL0010 | ANKIT SANTHOSH                | Ankit Santosh |
| 7     | 20222MBL0004 | SANJITH M                     | Sanjith M     |
| 8     | 20222MBA0125 | HARITHA K P                   | Haritha K.P   |
| 9     | 20222MBA0008 | SHAFEEQ MANIPADY              | Shafeeq M.    |
| 10    | 20222MBA0059 | PARAKALAN P                   |               |
| 11    | 20222MLS0015 | SYED SIBRAN BUKHARI           |               |
| 12    | 20222MBL0008 | SREEKUMAR K S                 | Sreekumar     |
| 13    | 20222MBA0126 | PRIYA NATH                    |               |
| 14    | 20222MBA0009 | SYED ZAYEEM ABBAS             |               |
| 15    | 20222MBA0086 | ANTHONY SANJAY PAUL S         | Anthony       |
| 16    | 20222MBA0149 | Ballepalli Sai Lavanya        |               |
| 17    | 20222MBA0096 | SASWAT KUMAR PANDA            |               |
| 18    | 20222MBA0157 | SAROJ KUMAR MOHAPATRA         |               |
| 19    | 20222MBL0011 | SADHANA N                     |               |
| 20    | 20222MBL0012 | GEETHANJALI S                 |               |
| 21    | 20222MBA0063 | PARVATHY S NAIR               | Parvathy S.   |
| 22    | 20222MBA0051 | RAKSHITHA M                   |               |
| 23    | 20222MBA0150 | Sree Vyshnavi Anumala         |               |
| 24    | 20222MLS0011 | ABDUL BASIR WAJID             | Basir         |
| 25    | 20222MBA0082 | GAUTAMI GURUPRASAD HATTANGADI |               |
| 26    | 20222MBA0128 | M BHAGYA                      | Bhagya        |
| 27    | 20222MBA0108 | SHEEBA SHAKEEL KHAN           |               |
| 28    | 20222MBA0052 | VINEESWARAN R                 |               |

Presidency University

SEC -03

School of Management

Time: 1pm to 2:30 pm, 2<sup>nd</sup> Jan 2023

Section-3 MBA 2022

Nurturing Copetencies for Personal Excellence

| SI no | Roll No      | Name of the Student      | Signature          |
|-------|--------------|--------------------------|--------------------|
| 1     | 20222MBL0021 | INAYA JAYAFER            |                    |
| 2     | 20222MBA0083 | ANKIT DAS                |                    |
| 3     | 20222MBA0013 | SUDHA NAGA SANKALP       |                    |
| 4     | 20222MBA0130 | GADDAM SUSMITHA REDDY    | Gr. Susmithareddy  |
| 5     | 20222MBA0014 | PIENTY MANOHAR BALAJI    |                    |
| 6     | 20222MBA0090 | L SAI VIKAS              |                    |
| 7     | 20222MBA0151 | KANDHURI VISHNU VARDHAN  |                    |
| 8     | 20222MBA0131 | A.R.PRAJWAL KUMAR        | NT. V. V. V. V. V. |
| 9     | 20222MDM0001 | MUTHU VELAYUTHAM M       |                    |
| 10    | 20222MBA0132 | YENDRA BHUVANESWAR REDDY |                    |
| 11    | 20222MBL0007 | B N PADMAVATHI           |                    |
| 12    | 20222MBA0142 | SAROWAR AZAD             |                    |
| 13    | 20222MBA0163 | M GAYATRI                | Gayatri            |
| 14    | 20222MBA0040 | NIDA KOUSAR              | Nida               |
| 15    | 20222MBA0143 | SOBIKA P                 | Sobika P.          |
| 16    | 20222MBA0041 | MOHAMMED GUFRAN          |                    |
| 17    | 20222MEB0004 | ALEXIS MEGAN WILKINS     |                    |
| 18    | 20222MBA0091 | NUKALA MANASA            | Manasa             |
| 19    | 20222MBA0021 | TONEY THOMAS             | Toney              |
| 20    | 20222MBA0102 | AVNISH YADAV             |                    |
| 21    | 20222MBA0118 | SHALOM JOHN              |                    |
| 22    | 20222MBA0166 | GOKULAKRISHNAN R         |                    |
| 23    | 20222MBA0113 | KUHALI MANDAL            |                    |
| 24    | 20222MBA0133 | SANDHYA R                | Sandhya            |
| 25    | 20222MBL0017 | POONACHA K U             | Poonacha K U       |
| 26    | 20222MBA0103 | SNEGAPRIYA K             | Snegapriya K.      |
| 27    | 20222MBA0134 | ATHIRA M                 | ATH                |
| 28    | 20222MLS0017 | SREENISHA P N            | Sreenisha P.N      |



Total - 42

Presidency University

SEC -06

School of Management

Time: 1pm to 2:30 pm, 2<sup>nd</sup> Jan 2023

Section-6 MBA 2022

Nurturing Copetencies for Personal Excellence

| Sl no | Roll No     | Name of the Student           | Signature         |
|-------|-------------|-------------------------------|-------------------|
| 1     | 2022MBA0190 | PAVAN KUMAR S G               |                   |
| 2     | 2022MBA0215 | DHANANJAY H B                 | Dhananjay HB      |
| 3     | 2022MBA0217 | VISHAL SINGH                  |                   |
| 4     | 2022MBA0222 | CHIKKAMARE GOWDA B V          | Chikkamare        |
| 5     | 2022MBA0224 | BODHIPARNA DE                 |                   |
| 6     | 2022MBA0227 | GAGANA S RAO                  |                   |
| 7     | 2022MBA0229 | SAKSHI KUMARI                 | Sakshi Kumari     |
| 8     | 2022MBA0230 | DEEPIKA G                     | Deepika           |
| 9     | 2022MBA0231 | MANASA GANGADHAR              | Manasa G          |
| 10    | 2022MBA0232 | ASHWINI                       |                   |
| 11    | 2022MBA0233 | VUMMADI VENKATA BHANU PRAKASH | V B P             |
| 12    | 2022MBA0236 | DHEERAJ OINAM                 |                   |
| 13    | 2022MBA0237 | WASIM AKRAM                   |                   |
| 14    | 2022MBL0025 | KAUSHIK SINGH                 | Kaushik Singh     |
| 15    | 2022MEB0007 | AKASH N                       |                   |
| 16    | 2022MLS0029 | CYRIL P S                     |                   |
| 17    |             | PRAJWAL S                     |                   |
| 18    |             | RAJENDRA KUMAR S G            | Rajendra Kumar SG |
| 19    |             | Y POOJA REDDY                 |                   |
| 20    |             | SUKKA TEJESH                  |                   |
| 21    |             | K SAINATH                     |                   |
| 22    |             | G S THANZIL AHAMED            |                   |
| 23    |             | S N ARSHEYA                   |                   |
| 24    |             | PRATHEEK B N                  |                   |
| 25    |             | CHETAN M                      | Chetan M          |
| 26    |             | ROSHAN KUMAR                  |                   |
| 27    |             | V VIKAS                       |                   |

REGISTRAR  
PRESIDENCY UNIVERSITY  
BANGALORE

|    |                               |                    |
|----|-------------------------------|--------------------|
| 28 | SARATH MOHAN K S              | Sarath             |
| 29 | S SANTHOSH REDDY              |                    |
| 30 | ADARSH KUMAR G V              | Adarsh G.V         |
| 31 | RAKSHITH GOWDA R              | <del>Rakshit</del> |
| 32 | GAGAN GOWDA B                 | Gagan Gowda B      |
| 33 | MOHAMMED ZUBAIR A Z           | Zubair             |
| 34 | SREE DURGA M                  |                    |
| 35 | HARSHA D                      | Harsha D           |
| 36 | NIKHIL                        | Nikhil             |
| 37 | ABHISHEK MOHANTY              |                    |
| 38 | SOHAN G S                     | Sohan G S          |
| 39 | MOHAMMED RAYAN M B            | Rayan M.B.         |
| 40 | MANISH CHANDRA PANDEY         | Manish             |
| 41 | MILAN CHAUHAN                 | Milan              |
| 42 | CHETHAN M                     | Chethan M          |
| 43 | SHARTH MOHAN K S              |                    |
| 44 | VIDYA M                       |                    |
| 45 | R C KEERTHI                   |                    |
| 16 | GAJJALA VENKATA SHIVA THULASI | Thulasi            |
| 7  | SANJANA G KASHI               |                    |
| 8  | DEEKSHA K A                   |                    |
| 9  | DERRICK ALFRED S              |                    |
| 1  | DEVIKA                        |                    |
|    | PAVAN V                       | Pavan V            |
|    | SOWMYA K GOWDA                | Sowmya K Gowda     |
|    | PARMESHWOR OINAM              | Parmeshwor         |
|    | HIDANGMAYUM SWAMI BHARDWAJ    | Swami Bhardwaj     |
|    | SHEKAR S                      |                    |
|    | MOHAMMED AFFAN                | Affan              |
|    | CHARAN V GOWDA                | Charan V           |
|    | SUSHANTH B K                  |                    |
|    | MANOHAR K                     |                    |
|    | KISHORE B G                   |                    |