



PRESIDENCY UNIVERSITY



Presidency University Act, 2013 of the Karnataka Act No. 41 of 2013 | Established under Section 2(f) of UGC Act, 1956
Approved by AICTE, New Delhi
Bengaluru

DEPARTMENT OF STUDENT AFFAIRS

5.1.3 - LIFE SKILLS

Sl. No.	Date	Events/Activities
1	01/12/2018	NATIONAL YOUTH DAY
2	20-04-2018 21-04-2018	1ST INTERNATIONAL CONFERENCE – DIGITAL ENTREPRENEURSHIP
3	21-06-2018	INTERNATIONAL YOGA DAY
4	23-06-2018	DAILY YOGA SESSION FOR STUDENTS AND FACULTY
5	09/11/2018	FOOTBALL SCOUTING TALENT FOR PU STUDENTS (MEN)
6	17-09-2018	BASKETBALL SCOUTING TALENT FOR PU STUDENTS (MEN)
7	27-09-2018- 29-09-2018	VOLLEYBALL SCOUTING TALENT FOR PU STUDENTS (MEN)
8	10/02/2018	RASHTRIYA SWACHHTA DIWAS
9	10/03/2018	BADMINTON SCOUTING TALENT FOR PU STUDENTS (MEN)
10	10/05/2018	KABADDI SCOUTING TALENT FOR PU STUDENTS (MEN)
11	26-10-2018	THROWBALL SCOUTING TALENT FOR PU STUDENTS (WOMEN)
12	31-10-2018	RASHTRIYA EKTA DIWAS
13	30-11-2018	KHO-KHO SCOUTING TALENT FOR PU STUDENTS (MEN)
14	02/06/2019	ATHLETIC SCOUTING TALENT FOR MEN AND WOMEN STUDENTS
15	19-09-2019	FIT INDIA MOVEMENT
16	29-11-2019	FITNESS EVENT FOR MEN
17	29-11-2019	FITNESS EVENT FOR WOMEN
18	03/05/2020	AWARENESS PROGRAMME ON TOBACCO CONTROL FOR HEALTH AND HYGIENE
19	06-04-2020 to 08-04-2020	AWARENESS ON COVID-19 _ TO PREVENT THE SPREAD OF VIRUS
20	13-04-2020	ONLINE COUNSELLING SESSIONS_UNFORESEEN HEALTH CHALLENGES DUE TO THE PANDEMIC
21	25-04-2020	ONLINE ZUMBA RELAXATION ACTIVITY _ DANCE AWAY THE QUARANTINE
22	01-05-20 TO 31-05-2020	ANTI SPITTING CAMPAIGN - AN AWARENESS PROGRAMME - HEALTH & HYGIENE
23	05/02/2020	WEBINAR ON MIND AND MENTAL HEALTH
24	14-05-2020	WEBINAR ON HOW TO BUILD SUCCESSFUL CAREER
25	18-06-2020	MASK DAY - AN AWARENESS PROGRAMME AGAINST COVID-19
26	22-06-2020	INTERNATIONAL YOGA DAY


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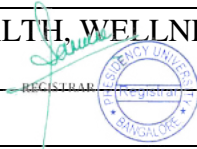
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27	28-07-2020	WEBINAR ON TOMORROW NEVER DIES
28	06-08-2020 to 08-08-2020	NATIONAL LEVEL WORKSHOP ON CLASSICAL DANCE
29	31-08-2020 to 11-09-2020	STRESS BUSTER & HEALTH AND FITNESS - SOC, SOM
30	25-09-2020 to 14-10-2020	STRESS BUSTER & HEALTH AND FITNESS - SOE
31	21-06-2020	INTERNATIONAL YOGA DAY
32	07/09/2021	NATIONAL LEVEL WEBINAR ON FITNESS & SELF CARE FOR A HEALTHY LIFE
33	08/04/2021	WEBINAR ON REIMAGINING CHILD ADOPTION
34	15-08-2021	INDEPENDENCE DAY - PLANTING OF SAPLINGS
35	19-08-2021	WEBINAR ON MOVING BEYOND THE SENTENCE - WOMEN EMPOWERMENT CLUB
36	28-08-2021	DISCUSSION AND TALK ON TERRACE GARDENING BY NATURE'S LOVER'S CLUB
37	09/05/2021	PLANTATION DRIVE AT HULKADIBETTA
38	09/11/2021	FIT INDIA FREEDOM RIDE - CYCLOTHON
39	09/11/2021	WEBINAR ON YOGA AND MEDITATION
40	13-09-2021	HEAVY PARTY - MODAK BY HEALTH AND WELLNESS CLUB
41	15-09-2021	PCOS AWARENESS - WOMEN EMPOWERMENT CLUB
42	25-09-2021	WEBINAR - AN INTRO TO TREKKING IN HIMALAYAS BY TREKKING AND HIKING CLUB
43	27-09-2021	FIT INDIA FITNESS PROGRAM
44	10/04/2021	GYM TRAINING FOR PU HOSTEL STUDENTS
45	13-10-2021	DJ DANDIYA BY THEATRICAL SOCIETY CLUB
46	23-10-2021	WEBINAR ON BE SMART WITH YOUR MONEY - DEPARTMENT OF CIVIL ENGINEERING
47	03-11-2021 to 25-11-2021	CRICKET MATCH FOR SCOUTING TALENT
48	20-11-2021	WEBINAR ON NUTRITION AND BALANCED DIET - CULINARY CLUB
49	24-11-2021	MENTAL HEALTH-WHAT, WHY AND HOW - HEALTH, WELLNESS & FITNESS CLUB
50	12/08/2021	GYANAM - WOMEN EMPOWERMENT CLUB





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51	12/09/2021	JUGAAD - ENTREPRENEURSHIP CELL
52	12/11/2021	GENDER SENSITATION : CONCERNS ACROSS
53	18-12-2021	FOOTBALL MATCH FOR SCOUTING TALENT
54	27-12-2021	INAUGURATION OF KARNATAKA STATES TAIWAN EDUCATION CENTRE - DANCE CLUB
55	01/12/2022	75 CRORES OF SURYA NAMASKARA FOR 21 DAYS - YOGA CLUB
56	19-01-2022	TASTE OF HOME FOOD - CULINARY CLUB
57	26-02-2022	FASHION & RUNWAY - FASHION CLUB
58	28-01-2022	PEHCHAN - ENTREPRENEURSHIP CELL
59	31-01-2022	WEBINAR ON SOLO TRAVELLING AND BACKPACKING - TREKKING & HIKING CLUB
60	02/08/2022	JAGTE RAHO- WOMEN EMPOWERMENT CLUB
61	02/10/2022	BREAD RECIPES - CULINARY CLUB
62	03/08/2022	BREAST CANCER AWARENESS & DETECTION CAMP
63	03/08/2022	MIND IT - WOMEN EMPOWERMENT CLUB
64	03/09/2022	THE THOUGHTS EXPRESS - WOMEN EMPOWERMENT CLUB
65	03/09/2022	FOOD CARVING - CULINARY CLUB
66	03/10/2022	INCOGNITO - WOMEN EMPOWERMENT CLUB
67	16-03-2022	PREETHIYA APPUGE -SWEET DISTRIBUTION -CULINARY CLUB
68	22-03-2022	CLEANLINESS DRIVE- ROTARACT CLUB
69	04/06/2022	COMMUNITY GARDEN- NATURE CLUB
70	20-04-2022	SAY NO TO PLASTIC - ENVIRONMENTAL CELL
71	24-04-2022	WEBINAR ON HEALTHY MIND AND HEALTHY BODY- CULINARY CLUB
72	29-04-2022	KALA PRADARSHANA - ART AND SKETCH CLUB
73	05-05-2022- 06-05-2022	CHESS GAME FOR SCOUTING TALENT (MEN & WOMEN)
74	06-05-2022 - 07-05-2022	VOLLEYBALL (WOMEN) MATCH FOR SCOUTING TALENT
75	06-05-2022 - 07-05-2022	THROWBALL (WOMEN) MATCH FOR SCOUTING TALENT
76	06-05-2022 - 07-05-2022	BASKET BALL (WOMEN) MATCH FOR SCOUTING TALENT
77	17/05/2022	KABADDI (MEN) MATCH FOR SCOUTING TALENT


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78	19-05-2022-20-05-2022	BASKET BALL (MEN) MATCH FOR SCOUTING TALENT
79	20-05-2022	VOLLEYBALL (MEN) MATCH FOR SCOUTING TALENT
80	20-05-2022	KABADDI (WOMEN) MATCH FOR SCOUTING TALENT
81	20-05-2022	TABLE TENNIS (MEN) GAME FOR SCOUTING TALENT
82	30-05-2022	FOOT BALL (MEN) MATCH FOR SCOUTING TALENT
83	14-06-2022	BLISS OF EDEN - WOMEN EMPOWERMENT CLUB
84	15-06-2022	VOICELT ON AN ENGAGING TOPIC LAW AND ORDER - VOICELT CLUB
85	20-06-2022	INTERNATIONAL YOGA DAY
86	15-08-2022	SAY NO TO PLASTIC FLAHS - ENVIRONMENTAL CELL
87	15-08-2022	PLANTATION DRIVE - NSS
88	26-08-2022	YOGA SESSION FOR THE PARTICIPANTS OF SMART INDIA HACKATHON
89	15-09-2022	ZUMBA WORKSHOP - DANCE CLUB
90	29-09-2022	OBSURE MOTION - PHOTOGRAPHIC CLUB
91	27-09-2022	SWAGATH - ROTARACT CLUB
92	28-09-2022	TALENT HUNT FOR VOCAL & INSTRUMENTAL - MUSIC CLUB
93	29-09-2022	ORIENTATION PROGRAMME - PRESIDENCY TALKS
94	29-09-2022	CRICKET SCOUTING TALENT FOR FRESHERS (NON ENGINEERING)
95	11-10-2022	REFLECTION DRILL FOR CRICKET PLAYERS
96	12-10-2022 & 13-10-2022	CRICKET SCOUTING TALENT FOR PU STUDENTS
97	13-10-2022	TAEKWONDO SCOUTING TALENT AMONG PU STUDENTS
98	20-10-2022	BREAST CANCER AWARENESS CAMPAIGN - WOMEN EMPOWERMENT CLUB
99	27-10-2022	A PRACTICAL SESSION ON YOGASANAS & PRANAYAMA
100	27-10-2022	VOLLEYBALL BASIC TECNQUES AND SKILL TRAINING FOR BEGINNERS
101	27-10-2022	BASKETBALL BASIC SKILL TRAINING FOR BEGINNERS
102	27-10-2022	KABADDI DEFENCE TECHNIQUES FOR PU STUDENTS
103	27-10-2022	FOOTBALL BASIC SKILL TRAINING FOR BEGINNERS
104	11/04/2022	FUTUREPRENEUR SERIES EPISODE 8 - LAUNCH PAD ASSOCIATION
105	11/10/2022	RAJYOTSAVA FLASH MOB - DANCE CLUB





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106	11/12/2022	PRACITICE MATCHES WITH GOVT SKSJT INSTITUTE
107	16-11-2022	MOTOR FITNESS TRAINING FOR PU BASKETBALL LEARNERS
108	16-11-2022	MOTOR FITNESS TRAINING FOR PU CRICKET TRAINEES
109	16-11-2022	KHO KHO SCOUTING TALENT AMONG PU BOYS
110	16-11-2022	KALA PRADARSHANA - ART AND SKETCH CLUB
111	16-11-2022	SINGING AUDITIONS - MUSIC CLUB
112	17-11-2022	KHO KHO SCOUTING TALENTS AMONG PU GIRLS
113	17-11-2022	ZUMBA SESSION - DANCE CLUB
114	17-11-2022	MARTIAL ARTS SCOUTING TALENTS AMONG PU BOYS & GIRLS
115	21/11/2022	BADMINTON SCOUTING TALENT AMONG PU BOYS & GIRLS
116	21/11/2022	TABLE TENNIS SCOUTING TALENT AMONG PU BOYS & GIRLS
117	22-11-2022	BASKETBALL SCOUTING TALENT FOR FRESHERS (BOYS)
118	23-11-2022	HANDICRAFT EXHIBITION - NSS CLUB
119	24-11-2022	BASIC SKILLS TRAINING FOR THROWBALL TRAINEES
120	28-11-2022	CHESS SCOUTING TALENT AMONG PU BOYS & GIRLS
121	30-11-2022	SURYANAMASKAR FOR PU STUDENTS
122	30-11-2022	FOOTBALL SCOUTING TALENT FOR PU STUDENTS (MEN)
123	12/06/2022	BLOOD DONATION CAMP - ROTARACT CLUB
124	13-12-2022	STRETCHING EXERCISES FOR HEALTH
125	14-12-2022	THROWBALL RULES AND REGULATIONS WORKSHOP
126	14-12-2022	POINT OF VIEW- GROUP DISCUSSION - SPEAKERS AND ANCHORS CLUB
127	15-12-2022	ENRICHING RELATIONSHIP - WOMEN EMPOWERMENT CLUB
128	15-12-2022	A PRACTICE SESSION OF BASIC ASANAS FOR BEGINEERS
129	18-12-2022	WALKATHON
130	20-12-2022	WINTER WONDERLAND - SECRET SANTA - STANDUP COMEDY CLUB
131	21-12-2022	KABADDI RAIDING SKILLS AMONG PRESIDENCY UNIVERSITY STUDENTS
132	21-12-2022	FUNDAMENTAL SKILLS OF BASKETBALL
133	21-12-2022	A TRAINING SESSION FOR CATCHING SKILLS AMONG PU STUDENTS
134	21-12-2022	DRUTA- EXPLORE THE ART - THEATRICAL CLUB
135	22-12-2022	WINTER WONDERLAND - MASQUARADE BALL - DANCE CLUB
136	22-12-2022	FASHION SHOW - WINTER WONDERLAND - FASHION CLUB
137	22-12-2022	FROSTY FOODLAND - WINTER WONDERLAND - CULINARY CLUB
138	22-12-2022	FUN GAMES - WINTER WONDERLAND - ROTARACT CLUB





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139	22-12-2022	CHRISTMAS CAROL - WINTER WONDERLAND - MUSIC CLUB
140	01/11/2023	STRENGTH TRAINING FOR LOWER EXTREMITY AMONG PU STUDENTS
141	18-01-2023	BALL CONTROL & DEFENSIVE DRILLS AMONG PU STUDENTS
142	29-01-2023	WALKATHON - SEASON 2
143	14-02-2023	TALK ON ENVIRONMENTAL SCIENCE - ENVIRONMENTAL CELL
144	22-02-2023	ZUMBA SESSION - DANCE CLUB
145	22-02-2023	MASTERING HAND TOUCH SKILLS - KHABADDI AND KHO KHO CLUB
146	22-02-2023	PASSING AND SHOOTING DRILLS AMONG PRESIDENCY UNIVERSITY STUDENTS
147	22-02-2023	DOUBLES VOLLEYBALL MATCH - VOLLEYBALL CLUB
148	23-02-2023	BATTING BASIC SKILLS AMONG PRESIDENCY UNIVERSITY STUDENTS
149	25-03-2023	A PRACTICE MATCH (KABADDI) WITH MATHKUR KABADDI CLUB_KABADDI CLUB
150	03/01/2023	WEBINAR ON NUTRITION - CULINARY CLUB
151	03/08/2023	THROWBALL THROWING & CATCHING CUES
152	14-03-2023	BASKETBALL PRACTICE MATCH WITH SIRMVIT - BASKETBALL CLUB
153	16-03-2023	HANDBALL SCOUTING TALENT AMONG PU STUDENTS
154	25-03-2023	SOCCER TENNIS TO IMPROVE BALL CONTROL & ACCURACY PASSING AMONG PU STUDENTS
155	29-03-2023	IDEA DISCUSSION FORUM - ANDROID CLUB
156	31-03-2023	DEVELOPMENT OF SERVICE SKILLS AMONG PU STUDENTS - VOLLEYBALL CLUB
157	04/04/2023	BALL HANDLING IN TRIANGULARS SKILL - HANDBALL & THROWBALL CLUB
158	04/05/2023	BASIC SOCCER SKILLS & DRILLS TO IMPROVE MOVES AMONG PU STUDENTS - FOOTBALL CLUB
159	04/05/2023	THROWBALL MOVEMENT PRACTICE SESSION - HANDBALL & THROWBALL CLUB
160	04/05/2023	KABADDI PRACTICE MATCH AMONG PU STUDENTS - KHO-KHO CLUB & KABADDI CLUB
160B	04/05/2023	KHO-KHO SCOUTING TALENT FOR PU GIRLS
161	04/10/2023	BATTING AND BOWLING SKILLS TRAINING AMONG PU STUDENTS
162	19-04-2023	GROUP COUNSELLING SESSION-1- MIND BLOSSOM CLUB
163	19-04-2023	PHOTOGRAPHY WORKSHOP - PHOTOGRAPHY CLUB



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164	19-04-2023	YOGA FOR ENERGY AND MINDFULNESS - YOGA & MEDITATION CLUB
165	19-04-2023	KARATE SCOUTING TALENT AMONG PU STUDENTS - MARTIAL ARTS & SELF DEFENCE CLUB
166	20-04-2023	GREEN WALK - ENVIRONMENTAL CELL
167	21-04-2023	A KABADDI PRACTICE MATCH WITH NITTE MEENAKSHI ENGINEERING COLLEGE
168	13-05-2023	YOGA SESSION
169	17-05-2023	THINKER'S FORUM - MIND BLOSSOM CLUB
170	24-05-2023	FITNESS DRILLING FOR CRICKET PLAYERS AMONG PRESIDENCY UNIVERSITY STUDENTS
171	21-06-2023	INTERNATIONAL YOGA DAY - 2023
172	24-06-2023	VIRTUAL WORKSHOP ON INDIA'S G20- STUDENTS AS CULTURAL AMBASSADORS
173	26-10-2023	GOLMAAL HAI SAB GOLMAAL HAI - STANDUP COMEDY

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