



SUSTAINABLE DEVELOPMENT GOALS

Students Visit to Mother Teresa Home





PRESIDENCY UNIVERSITY

Established under Section 2(f) of UGC Act, 1956 Approved by AICTE, New Delhi | Approved by BCI | NAAC 'A' Accredited

EVENT REPORT

Students Visit to Mother Teresa Home

1. About Event

*The School of Liberal Arts and Sciences (SoLAS), Presidency University, Bengaluru, organised an experiential learning visit to **Mother Teresa Home (Nirmal Hriday)** on 24 April 2026. Students from the **M.Sc. Psychology** and **B.A. English & Psychology** programmes participated in the visit, which aimed to provide meaningful exposure to community care, psychosocial well-being, empathy, and human connection.*

2. Event Details

- **Title:** Students Visit to Mother Teresa Home
- **Date:** 24 April 2026
- **Venue:** Mother Teresa Home (Nirmal Hriday), Bengaluru
- **Organiser:** School of Liberal Arts and Sciences, Presidency University
- **Participants:** M.Sc. Psychology and B.A. English & Psychology students
- **Focus:** Experiential learning, empathy, psychosocial care, active listening, and community engagement

3. Objectives

- To provide students with practical exposure to community-based psychosocial care.
- To develop empathy, active listening, and interpersonal communication skills.
- To help students understand the emotional impact of social isolation and the importance of human connection.
- To connect theoretical concepts from psychology with real-world experiences.
- To promote ethical responsibility and social awareness among students.

4. Event Proceedings

The students visited Mother Teresa Home (Nirmal Hriday), operated by the Missionaries of Charity, which provides residential and palliative care to elderly, chronically ill, and socially abandoned individuals.

As part of the interaction, students engaged with residents through **musical performances, a short theatrical presentation, and one-on-one conversations**. These activities created opportunities for meaningful interaction while ensuring sensitivity, dignity, and respect towards the residents.

From an academic perspective, students observed aspects of geriatric psychological well-being, including social isolation, emotional resilience, and the importance of



PRESIDENCY UNIVERSITY

Established under Section 2(f) of UGC Act, 1956 Approved by AICTE, New Delhi | Approved by BCI | NAAC 'A' Accredited

human connection. They reflected on these experiences in relation to counselling and developmental psychology concepts.

5. Outcomes & Impact

The visit strengthened students' understanding of empathy, active listening, interpersonal communication, and psychosocial care. It enabled them to relate classroom learning to real-world community settings and gain a deeper appreciation of the emotional and social needs of vulnerable individuals.

The interaction also encouraged students to develop greater social awareness, ethical sensitivity, and responsibility towards the community.

6. SDG Alignment

- **SDG 3 – Good Health and Well-being:** Promoting awareness of emotional well-being, psychosocial care, and the importance of human connection among elderly and vulnerable individuals.
- **SDG 4 – Quality Education:** Providing experiential learning opportunities that connect academic concepts with real-world community experiences.
- **SDG 10 – Reduced Inequalities:** Encouraging inclusion, dignity, and meaningful engagement with socially vulnerable and marginalised individuals.
- **SDG 11 – Sustainable Cities and Communities:** Promoting community engagement and social support systems that contribute to inclusive and caring communities.
- **SDG 16 – Peace, Justice and Strong Institutions:** Fostering empathy, ethical responsibility, dignity, and respectful engagement within community settings.

7. Conclusion

The visit to Mother Teresa Home served as a meaningful community-engaged learning experience for SoLAS students. Through interaction, performance, and reflection, students gained practical insights into psychosocial care while developing empathy, communication skills, and social awareness. The initiative successfully bridged theoretical learning with practical application and contributed to the holistic development of the students.



PRESIDENCY UNIVERSITY
Established under Section 2(f) of UGC Act, 1956 Approved by AICTE, New Delhi | Approved By BCI | NAAC 'A' Accredited

Poster



Event Pictures

