



**3** GOOD HEALTH  
AND WELL-BEING



# SUSTAINABLE DEVELOPMENT GOALS

## Don't Drink & Drive: A Road Safety Awareness Initiative





# PRESIDENCY UNIVERSITY

## EVENT REPORT

### Senior Citizen Engagement & Geriatric Care Outreach – One Health Initiative Program

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#### 1. About Event

*The Institutional Social Responsibility (ISR) Cell, Presidency University, in association with the School of Allied Health Sciences (SOAHS), successfully organized the “Senior Citizen Engagement & Geriatric Care Outreach – One Health Initiative Program” on 26 May 2026 at PUNAHCHETHANA FOUNDATION, Bengaluru.*

*The initiative was conceptualized as a meaningful community outreach activity aimed at promoting senior citizen wellbeing through interaction, awareness, and physiotherapy-oriented engagement. The program provided students with an experiential learning opportunity to understand the physical, emotional, and social aspects of geriatric care through direct community involvement.*

*The outreach activity brought together students and coordinators to interact with senior citizens, promote mobility and wellness awareness, and encourage compassionate community engagement. The event also focused on creating awareness regarding mobility, posture, balance, and functional independence among senior citizens, including both ambulatory and bed-ridden residents.*

*As part of the outreach initiative, groceries and essential items were donated to the residents to support their wellbeing and daily living needs.*

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#### 2. Event Details

- **Title:** Senior Citizen Engagement & Geriatric Care Outreach – One Health Initiative Program
- **Date:** 26 May 2026
- **Time:** 11:30 AM – 1:00 PM
- **Venue:**  
PUNAHCHETHANA FOUNDATION

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10/2A, Old, 102–105, Hesaraghatta, Hobli, Linganahalli, Bengaluru, Karnataka – 560089

- **Organized by:** Institutional Social Responsibility (ISR) Cell, Presidency University
- **In Association with:** School of Allied Health Sciences (SOAHS)
- **Convenor:** Ms. Vanitha R – ISR Cell
- **Coordinators:**  
Mr. Sumaanth M – ISR Cell  
Dr. Abdur Rahman – SOAHS  
Ms. Rachana Reddy S – SOAHS
- **Participants:** 31 Students from School of Allied Health Sciences (SOAHS)

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### 3. Objectives

- To promote **meaningful interaction and engagement between students and senior citizens.**
- To **create awareness regarding mobility, posture, balance, and basic functional independence among elderly individuals.**
- To **provide students with experiential learning opportunities in geriatric care and community health engagement.**
- To **encourage empathy, compassion, and social responsibility through direct community outreach.**
- To **understand common geriatric musculoskeletal and neurological conditions and their basic management approaches.**
- To **strengthen interdisciplinary collaboration between social responsibility initiatives and allied health education.**
- To **contribute positively to community wellbeing through outreach, awareness, and supportive initiatives.**

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### 4. Event Proceedings

The program commenced with the arrival of students and coordinators at PUNAHCHETHANA FOUNDATION, followed by an introduction to the residents and the purpose of the outreach initiative.

The activity involved meaningful interaction sessions between students and senior citizens, creating a warm and engaging environment for dialogue, connection, and shared experiences. Students spent quality time with the residents, listening to their experiences and fostering a supportive atmosphere.

The outreach session included physiotherapy-oriented awareness activities focusing on mobility, posture, balance, and general wellbeing. The activities were designed to be

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simple, practical, and suitable for senior citizens, including both ambulatory and bed-ridden individuals.

The program also incorporated stress-buster and engagement activities intended to promote positive interaction, emotional wellbeing, and active participation among the residents.

Students observed and gained insights into common geriatric musculoskeletal and neurological conditions, enabling them to connect academic learning with real-world community healthcare settings. The activity served as a valuable experiential learning opportunity for understanding elderly care, rehabilitation awareness, and community-based health engagement.

As part of the initiative, groceries and essential items were donated to the residents of the old age home as a gesture of support and community solidarity.

The event witnessed active participation and enthusiastic involvement from students, coordinators, and residents, making the outreach activity meaningful, engaging, and impactful.

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## 5. Outcomes & Impact

The outreach initiative created a positive and meaningful learning experience for participating students while contributing to the wellbeing of senior citizens.

Key outcomes included:

- Increased **student awareness regarding geriatric health, mobility, and elderly wellbeing.**
- Enhanced **understanding of common geriatric musculoskeletal and neurological conditions.**
- **Development of empathy, compassion, and social responsibility** through community engagement.
- **Practical exposure to physiotherapy-oriented community outreach and wellness awareness activities.**
- **Strengthened student understanding of interdisciplinary healthcare approaches within community settings.**
- **Meaningful engagement and interaction with senior citizens, promoting emotional connection and mutual learning.**
- **Contribution to resident wellbeing through the donation of groceries and essential support items.**

- Reinforcement of **experiential learning and community-based healthcare education.**

The event successfully fostered a sense of responsibility among students toward community service, geriatric care, and socially conscious healthcare engagement.

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## 6. SDG Alignment

The event aligned with the following Sustainable Development Goals (SDGs):

- **SDG 3 – Good Health and Well-Being:** Promoting awareness regarding elderly wellbeing, mobility, posture, and health engagement.
  - **SDG 4 – Quality Education:** Encouraging experiential learning, community participation, and applied understanding of geriatric care.
  - **SDG 10 – Reduced Inequalities:** Supporting inclusion, dignity, and wellbeing among senior citizens through outreach and engagement.
  - **SDG 17 – Partnerships for the Goals:** Strengthening collaboration between the ISR Cell and the School of Allied Health Sciences (SOAHS) for community impact initiatives.
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## 7. Conclusion

The **Senior Citizen Engagement & Geriatric Care Outreach – One Health Initiative Program** was successfully conducted with active student participation and meaningful community engagement.

The initiative provided a valuable platform for students to understand geriatric care through practical exposure, interaction, and physiotherapy-oriented outreach activities. The combination of wellness awareness, engagement activities, community interaction, and supportive contribution made the program impactful for both students and residents.

The outreach activity reinforced Presidency University's commitment to institutional social responsibility, experiential learning, community wellbeing, and interdisciplinary collaboration in addressing real-world societal needs.

The program highlighted the importance of empathy, care, and responsible community engagement in nurturing socially conscious future healthcare professionals.

## Poster

Institutional Social Responsibility

PRESIDENCY UNIVERSITY 50  
Indo-European One Health Association

SENIOR CITIZEN ENGAGEMENT & GERIATRIC CARE  
OUTREACH ONE HEALTH INITIATIVE PROGRAM

# COMPASSION IN ACTION

ISR Cell Presidency University  
in association with  
Panchachethana foundation

Date: Tuesday, 26<sup>th</sup> May 2026 Time: After 10:30 AM Venue: PUNAHCHETHANA FOUNDATION

School of Allied Health Sciences (SOAHS)

**Small acts of care create meaningful change.**

Care • Respect • Empathy • Community

Institutional  
Social Responsibility

### Event Picture:





Institutional  
Social Responsibility

### Attendees List:

Sl.No	Name
1	MOHAMMED NAQI ARIF
2	GARIMA CHAUDHARY
3	KRISHNAVENI N H
4	H R PRAKRUTHI
5	MANISH BABA JANU K
6	HANSIKA T S
7	THANMAYI S
8	MONISHA C C
9	MANASA M
10	MOHAMMED ZABIHULLAH
11	NISHAD NOORIYAN
12	JIYA PRASHANT DAVE
13	BHAVYASHREE P
14	AARON R
15	NAVYASHREE M
16	INDRAENI V G
17	VINUKONDA AKHILESH AJAY
18	LALITHA SHREE M
19	LATHA SHREE M
20	K P MOHAMMED ZAID
21	SHREENIDHEE SHRIKANT PATIL
22	MOHAMMED SHYJAL P
23	LAVANYA SANTHOSH P. T
24	SIMARPREET PAHUJA
25	KEERTHANA R
26	MANISHA B
27	TAMKEEN SINERA
28	RAHAF KHANUM
29	PRABIN KUMAR JENA
30	SHIREESHA S
31	BASIL A S