



PRESIDENCY
UNIVERSITY

Presidency School of Liberal Arts and Sciences



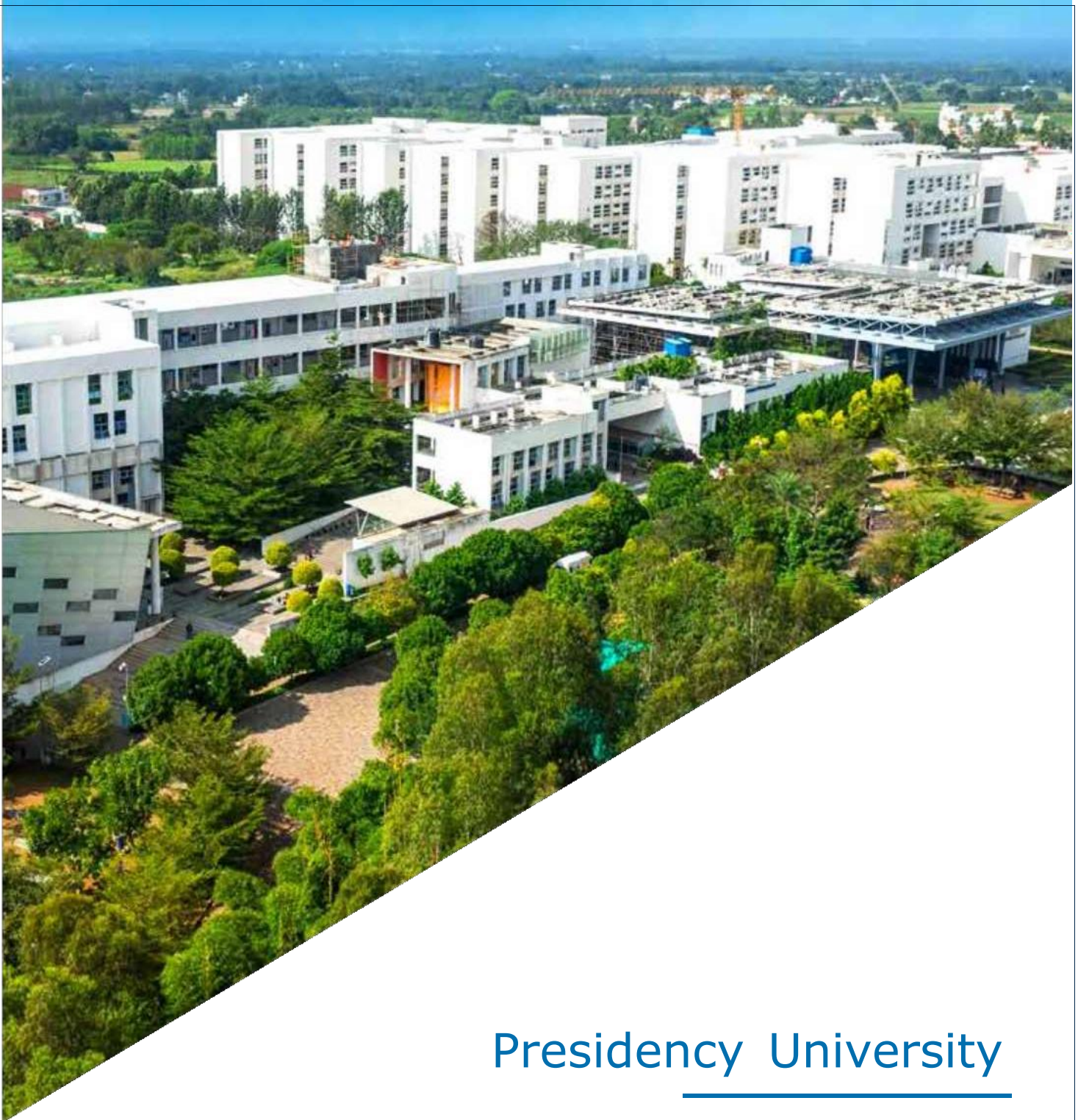
A Two-day International Conference on

Navigating Mental Health through the Gateway of Language and Literature

22nd & 23rd
December, 2025

www.presidencyuniversity.in

Rajanukunte, Yelahanka, Bengaluru 560 119



Presidency University

Presidency University, Bangalore, is a NAAC 'A' accredited institution, renowned for its commitment to quality education and holistic student development. Founded in 2013 by the Presidency Group of Institutions, the university has quickly emerged as a leading center for higher education in India. With a focus on innovation, research, and experiential learning, Presidency University has become a preferred destination for aspiring students seeking academic excellence and personal growth. The University takes pride in its academic programs that span diverse disciplines such as engineering, management, law, design, commerce, and media studies. The university follows a modern and industry-centric approach to education, blending theoretical knowledge with practical application. Highly qualified faculty members, with a perfect balance of academic expertise and industry experience, are instrumental in nurturing a conducive learning environment.

Presidency School of Liberal Arts and Sciences

Presidency School of Liberal Arts & Sciences offers dynamic undergraduate and postgraduate programmes designed to shape thoughtful, articulate, and socially aware individuals. With programmes in English and Psychology, students gain a strong foundation in critical analysis, communication, research, and understanding human behaviour. The BA English programme aims to nurture a deep appreciation for literature, language, and creative expression, while the BA Psychology and M.Sc. Psychology programmes equip students with scientific insights into the human mind and its functioning. Guided by distinguished faculty and an interdisciplinary approach, the school prepares students for diverse career paths and higher academic pursuits. By integrating literary studies with psychology, digital humanities, and value-based education, the programme not only deepens students' understanding of human experience but also equips them with the tools to contribute meaningfully to society in diverse roles such as educators, writers, media professionals, and scholars.

Concept Note

The Conference "Navigating Mental Health through the Gateway of Language and Literature" serves as a vital platform to address the intertwined realities of psychology, literature, and language in nurturing emotional balance and advancing the well-being of humankind. It seeks to bring together researchers, academicians, policymakers, psychologists, writers, and poets to explore innovative insights, emerging concepts, and transformative approaches that make this field uniquely relevant and enlightening for the present generation.

By championing the significance of the humanities, the conference engages with pressing issues and contemporary challenges while aspiring to shape well-rounded professionals. It emphasizes the development of communication skills, ethical values, and cultural awareness in future generations. Drawing upon the strengths of literature and psychology, and embracing diverse perspectives, the conference highlights the importance of blending intellectual inquiry with ethical reasoning and professional acumen to foster holistic growth and meaningful collaboration.

Through keynote addresses, panel discussions, research paper presentations, and master classes in Psychology and English Studies, it serves as an intellectual forum to broaden the horizons of liberal arts scholarship by engaging with multiple perspectives and fostering constructive initiatives through rigorous dialogue and collaboration.

Objectives

- To foster an interdisciplinary approach and strengthen collaboration among scholars, researchers, and academicians in emerging areas of the humanities.
- To encourage innovation and best practices by championing the humanities, social sciences, and aesthetics as means to cultivate ethical values and moral responsibility.
- To promote holistic and multidisciplinary curricula by transcending rigid disciplinary boundaries in academia.
- To emphasize communication, dialogue, and cross-disciplinary as well as interdisciplinary thinking for enriched learning and scholarship.

Themes

A. Literature and Emerging Areas

- Digital Humanities
- Medical Humanities
- Environmental Humanities
- Queer Studies
- Gender Studies
- Oral narratives and Identity
- Narrative and Meta Narrative in literature
- Post colonial studies
- Post Human Narratives
- Diaspora and their contribution
- Diaspora narrative
- Memory Studies
- Trauma Narrative
- Post war migration and narrative
- Displacement narrative

B. Language and Linguistics

- Multilinguistic studies
- Forensic linguistics
- Legal Language and Translation
- Neuro linguistics
- Role of Technology in language
- Sociolinguistics
- Role of media in Language
- Language and culture
- Globalization of Language
- Multiculturalism in Language
- Social Pragmatism

C. Psychology

- Positive Psychology
- Abnormal Psychology
- Cognitive Psychology
- Digitized Psyche
- Neuroplasticity
- Psychotherapy and administration

Key Note Speakers

Mr. Vasudendra

Indian Author and Publisher
Karnataka Sahitya Academy Sahityasri Awardee
Karnataka Sahitya Academy Book Prize Awardee



Dr. Syam Sudhakar

Bilingual Poet
Winner of the Srinivas Rayaprol Poetry Prize 2022

Dr. Gayatri Devi

Professor of English
Savannah College of Arts and Design, Georgia,
USA



Master Class By

Dr. Ashwini N.V.

Director, Muktha Foundation CEO,
Flourish Wellbeing



Prof. B Spoorthi

Department of Humanities and Social Sciences NIT,
Warangal

Call for Papers

We invite unpublished papers from academicians, research scholars, psychologists, mental health professionals, policy makers and post graduate students. Submissions will undergo the peer-review process and accepted papers will be published in the conference proceedings. Selected papers will be considered for publication in the Peer-reviewed journal subject for further review. Best paper award will be provided.

Review Process

All abstracts and papers will be subjected to presentation at the conference and will undergo blind-peer review process. Feedback or acceptance status will be communicated to the corresponding author after the review of the paper.

Paper submission Guidelines

Papers are invited related to the subject and the subtheme of the conference. The paper should be in MS word file format and should be sent to the mail provided in the brochure. For further clarification, contact the organizing committee.

- Abstract should not exceed 250 words
- Submission must be original and should not have been previously published or submitted in any platform
- Paper should adhere to MLA's 9th edition, and the similarity index of the paper must be below 15%
- Include the details of author, co-author, affiliation, mail id, to avoid any correction in the proceedings
- Selected papers will be published in the Peer Reviewed Journals, and the intimation will be sent to the corresponding authors.
- For the papers with more than one author, all the authors must register individually to receive the certificate and other conference details.
- Papers should be in Times New Roman font size 12, Title preferably 16 in MS word document and should be submitted in the word format for the access to review.

Instructions

- All registered and presented papers will be included in the official conference proceedings
- Selected papers will be published with an ISSN and will be indexed on Google scholar
- Any instructions and guidelines for publishing the paper will be instructed to the corresponding author.
- Acceptance in the conference note does not guarantee acceptance in journals.

Highlights

- Best Paper Award will be presented for offline presenters. Attendance is mandatory.
- Cash prize for the best paper presentation will be provided.
- Certificates for presentation will be provided for all the presenters and participants certificates will be provided for the participants.
- Certificates for Co-authors will be issued by following the guidelines of registering.
- Master Class certificate will be provided for both online and offline attendees and the attendance will be monitored.

Conference Itineraries

- Access to all plenary and keynote sessions
- Master class access for both Language and Psychology
- Certificates for presentation and participation
- Certificates will be issued at the end of the event

Important dates

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|----------------------|---------------------------------------|
| 08th December | Deadline for abstract submission |
| 9th December | Notification for Acceptance |
| 10th December | Deadline for full paper submission |
| 8th December | Deadline for Registration and Payment |
| 22nd & 23rd December | Conference Dates |

Registration Fees

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|---|--|
| Research Scholars and Students | 500 INR (inclusive participation, presentation and for Master Class) |
| Faculty Members and Independent Researchers | 800 INR (Inclusive participation, presentation and for Master Class) |

Accommodation will not be provided.

Guidelines

1. Participants should send abstract and full paper to the mail:
Intlconferencesolas@presidencyuniversity.in
2. Payment link for the conference <https://p.ppsl.io/PYTMPS/Xfnpdk>
3. Register for the conference using the link <https://forms.gle/hFxf7wYC64xfza89>
4. Adhere to the timeline given to avoid delay of publication.
5. Best Papers will be published in Scopus/WOS, and the intimation will be conveyed to the authors for the extra charges.
6. As the conference is in hybrid mode paper presenters can opt the mode as per their convenience (Only outside Karnataka) at the time of filling up registration form (Last minute changes will not be entertained)

For any queries please contact:

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Dr. Charitra H G - +919986786104

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